# CONCERNS UNIVERSE FOUNDATION



ANNUAL REPORT April 2017-March 2018

# INTRODUCTION

Concerns Universe Foundation was founded in the year 2001 and is strongly committed to contributing to the cause of the marginalized in the city of Bangalore. It attempts to identify and fill in the critical gaps to empower the disadvantaged and thus enable them to emerge economically independent and socially dignified. Concerns works in 20 pockets of urban slums with 5000 families in Bangalore city.

# **OBJECTIVES**

- ➤ To help the Community to understand the importance of education and to prepare the children of the community to enter formal schools and perform better academically.
- ➤ To prevent as opposed to cure. To work with children and adults to give them the information and education needed to prevent illness and death.
- To help women develop outside the domestic environment to train women in health, nutrition, computers, life and other skills to make them more independent and dignified.

# **VISION**

➤ We envision a community where all achieve their educational, economic and social goals.

# MISSION

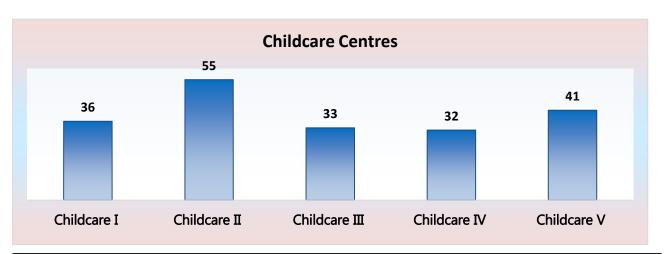
To realize this vision, Concerns works with the urban poor and provides opportunities for education through vocational training to enhance employability improve economic status and promote the adoption of a healthy lifestyle.

# **ACHIEVEMENTS**

# 197- Children in Childcare Centres **CHILD CARE** 125- In Education Sponsorship Program **EDUCATION** • 56-**In Evening Tuition Program PROGRAM FOR** • 56-**In Tuition Computer Class SCHOOL GOING** In Back to School Program for school dropouts 18-**CHILDREN** 30-In Sports for Community children **COMPUTER** 96-**Took Short term Computer Course COURSE** 42-**Took Summer Computer Course Students in Concerns Community College** • 56 -**VOCATIONAL** • 55 -Students in stitch Craft, Madurai **SKILL TRAINING** 27 -**Students in Kolkata Community College** Health check up & Albendazole **MEDICAL HEALTH** • 197- Childcare Centres (47-Underweight) **CHECK UP** 56-**Concerns Community College students** 217- women involved in saving money in local account • 83 - women saved and disbursed Rs.2,65,200/-**COMMUNITY** • 63 - women saving monthly Rs.16,000/ (ongoing) **SAVINGS** • 71 - accounts opened in local bank (Saving Bank, **Recurring Deposit, Fixed Deposit)** 916- New Contacts 3441- Needs based advice on health issues • 1850- Referral Services **COMMUNITY** • 161- Antenatal Care; 121- Postnatal Care, **HEALTH &** 305- Immunization **DEVELOPMENT** • 339- Health Awareness Sessions • 197- Vitamin A given to children under 5yrs. 41- Tuberculosis Follow ups

# CONCERNS PRE-SCHOOL EDUCATION: Total children-197





# **DEVELOPMENTAL PROGRESS IN PRE-SCHOOL CHILDREN**

- ★ Improvement in general physical and social wellbeing
- ★ Better in motor skills
- **★** Improved language abilities
- ★ Improved self-help skills
- ★ Overall improvement in intellectual development which resulted in getting admissions in formal school

# **CONCERNS COMMUNITY COLLEGE- Hutchins Road 2017-2018**

# 51 students enrolled in June 2017

- Early Childhood Care & Education:30
- Office Management, Accounting & Computing: 21 **Other Subjects:** 
  - Functional English
  - o Life-Coping Skills
  - Interpersonal Relationships
  - o Community Health & Development
  - Basic Computer Applications

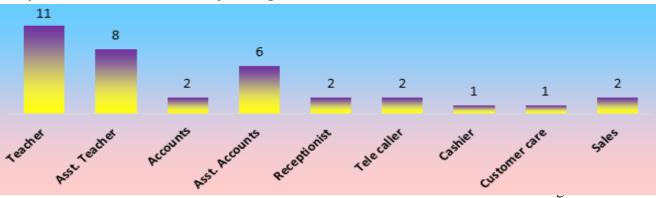
# Community College students aspiring to continue their education though National **Institute of Open Schooling (NIOS).**

- 7 girls joined Secondary level
- 5 girls joined for Senior Secondary level
- 2 students joined Bachelor programs in different universities.

# Value added course on Music-Music **Training** conducted by Bangalore School of Music for ECCE trainees



# Job placement of Community College for 2016-2017



# **COMPUTER LITERACY PROGRAM**

# Conducted in MV Garden Ulsoor, Janakiram Layout and Hutchins Road

Basic computer training was conducted for children and advanced computer training for unemployed youth. The aim was to qualify them to be gainfully employed and to earn an income, thus to emerge economically independent and socially dignified.

Totally 138 Students trained in MS office (MS Word, MS Excel & MS Power Point), Touch typing, internet, Photoshop & Tally.

• Short term basic computer

• Summer computer class

# **CHILDREN AT COMPUTER LAB**



# STITCH CRAFT MADURAL

Stitch craft skills training were provided for young women with basic computing. The aim is to qualify them to be gainfully employed and to earn an income, thus to emerge

economically independent and socially dignified.

- Women were trained in basic garment making
- Women were trained in fashion designing
- Women were trained in model chudi and blouse



# **CONCERNS COMMUNITY COLLEGE-Kolkata**

18

Women were trained in Early Childhood Care & Education

0

Functional English & Basic Computer Training

# **CROSS ROADS**

Staff and volunteers at Crossroads continue to reach out to young people in various high schools and communities. The Special Needs programs are also going well.

In Clarence High School, 130 new students attend the weekly event held for students from 7th – 10th standard. The goal is to start focus groups to facilitate leadership training. In this area of work, there is potential to train young leaders to work with their peers.

The two special needs teams worked hard to build personal relationships with the children & also involve them in the projects with the mainstream school which gave them a sense of value. The teams were also able to jointly organise year-end programs for the two existing projects as well as two additional special needs schools. The challenge as always is a lack of committed volunteers. The goal is to start one new special needs project in the new academic year.

The community work team organized several events for the youngsters from Bagalur Layout. 83 children participated in the sports event. The team also conducted a get together for all the girls' club and the small group girls on how to balance Inner & Outer beauty.

There have also been many success stories where our team was able to intervene in some challenges faced by some of the young girls. Issues like adequate & timely health care, relationships between parents and daughters & romantic relationships as well. The team was also able to include a few youngsters with special needs in their activities which was encouraging to the kids & their families. The biggest challenge is the lack of male staff to work with the teenage boys in the community.

### STUDENTS INVOLVEMENT IN ACTIVITIES



# **EDUCATION PROGRAM FOR SCHOOL GOING CHILDREN**

- To identify children who have dropped out of school and facilitate their return to education.
- To provide after-school tuition for homework support and financial support.
- To give support to enable and encourage adolescents to continue education.

CUF team conducted different activities such as summer camp, summer computer class, annual sports' meet, health awareness sessions, including pre-teen health awareness sessions. Tuition children were given opportunity to learn basic computers and health and value education.

| EDUCATION SPONSORSHIP PROGRAMME                 | • 125 |
|---|-------|
| EVENING TUITION                                 | • 56  |
| TUITION COMPUTER CLASSS                         | • 56  |
| BACK TO SCHOOL PROGRAM (26 re-joined in school) | • 18  |
| COMMUNITY CHILDREN SPORTS (CIF)                 | • 30  |
| TUITION HEALTH AWARENESS SESSION                | • 74  |
| SUMMER CAMP                                     | • 32  |

# **EDUCATION SUPPORT**



**HEALTH AWARENESS SESSION** 



STUDENTS IN SCHOOL DROPOUT PROGRAM











# COMMUNITY HEALTH AND DEVELOPMENT PROGRAM

# **HEALTH PROGRAM**

The Concerns team makes regular visits to develop rapport with members of the community. They deliver health programs and raise awareness about existing government facilities and services available for the disadvantaged, including care for TB patients, women's health care and antenatal & postnatal care facilities. Most community members interact well with the CUF team. Members of the community have found appropriate ways to handle issues, to share information and help each other as well as to choose and utilize the resources and facilities in the locality appropriately. Intake of nutritious food, health and hygienic habits and handling health issues have all improved. Women use home remedies for minor health problems and young people develop skills, improving employability and prospects.







**NEEDS BASED ADVICE** 

NEEDS BASED ADVICE FOR PREGNANT WOMEN

TUBERCULOSIS PATIENT FOLLOW UP







41

• Tuberculosis patients treated through PHC (Primary Health Center) with follow up on treatment done by Concerns Universe Foundation.

305

• Regular women's health education sesions

3441

Needs based advice

916

New contacts

217

• 83 women saved Rs.2,65,200/- in RD, 63 women savings ongoing, savings & RD a/c opened for 71 women

# **WOMEN AND CHILDREN - HEALTH PROGRAM**

**Topic covered: Health and nutrition**: Balanced diet, homemade low cost nutritious food, home remedies, High Protein Mix

Common diseases and illness: Dental hygiene, Human intestinal worms, Burns, Colds and fever, Chikungunya, Malaria, Measles, Personal hygiene, Polio, Tuberculosis, Thyroid, Vitamins and minerals deficiency, Water borne disease, Oral rehydration salts, Communicable diseases, Typhoid, Jaundice, Mosquito borne diseases

| 305  | Mothers were referred & used immunization services for their children               |
|------|---|
| 121  | Mothers were referred & availed themselves of post natal care                       |
| 161  | Pregnant women were referred & availed themselves of antenatal care                 |
| 197  | Vitamin A & polio drops for children  |
| 85   | Families took advantage of birth/ death / ration card/ voter ID etc from Government |
| 1850 | Referral Services for Education, Jobs & Health                                      |
| 40   | Parent education sessions   |

# **MOTHER & CHILD HEALTH**





# MENSTRUAL HYGIENE SESSION FOR COMMUNITY WOMEN

Menstrual health and hygiene session conducted in Janakiram layout and Ulsoor community - 70 women benefited in Janakiram Layout and 75 women benefitted in Ulsoor



All the women attended the awareness session once a week for 4 weeks. The topics covered were:

- Awareness on menstrual hygiene
- Healthy practices
- Reproductive health care
- Uterus cancer
- Check up and referrals on life style diseases- Hypertension, Diabetes, ECG and BMI

# IN SERVICE TRAINING FOR CUF TEAM

The CUF team was confident in doing the program and used new methods and techniques. Members dealt with issues and found better solutions for most issues. Evaluation, monitoring and follow up were done by Trainer team.



- Staff training done for the CUF member
- Training done on pre-school education and community health for preschool teachers and community health workers by trainers
  - Self Esteem and Personality development training by Dr.Vasudevan, Dr.Chandra Thomas and CUF team
    - Advisory meeting with Mrs. Joy Srinivasan Makkala Jagrudhi

# **STAFF TRAINING**



# **CALENDAR OF EVENTS**

# **Community College**

| S.No. | Month             | Program  |  |  |  |
|-------|-------------------|--|--|--|--|
| 1.    | August 2017       | Lamp Lighting and Talents day  |  |  |  |
|       |                   | Soft Skill Training: How to Succeed in Job & Interview Skills by       |  |  |  |
| 2.    | September 2017    | Thomson Reuters  |  |  |  |
|       |                   | Health check-up conducted for all the Community College students by    |  |  |  |
| 3.    |                   | Dr. Eileen Solomon   |  |  |  |
| 4.    | October 2017      | Cultural Program   |  |  |  |
|       |                   | Soft skills training, Self - Esteem & Personality development sessions |  |  |  |
| 5.    | November 2017     | - Dr. Vasudevan  |  |  |  |
| 6.    | December 2017     | Team building program at Visthar                                       |  |  |  |
| 7.    | December 2017     | Alcoholic Anonymous Program  |  |  |  |
| 8.    | January 2018      | Awareness Program by Mahila Sahayavani                                 |  |  |  |
| 9.    | February 2018     | Exposure visit to Health Care Institutions                             |  |  |  |
| 10.   | February 2018     | Field Visit to Home of Hope Destitute Home                             |  |  |  |
| 11.   | February 2018     | Sports Day at ITC Playground   |  |  |  |
| 12.   | February 2018     | Community Practical  |  |  |  |
|       |                   | Early childhood trainees organized Pre-school exhibition in            |  |  |  |
| 13.   | March 2018        | St.Alphonsus School  |  |  |  |
| 14.   | March 2018        | Graduation Day   |  |  |  |
|       | October to        | Music Sessions for ECCE students by Mrs. Rebecca & team from           |  |  |  |
| 15.   | December          | Bangalore School of music  |  |  |  |
|       | 4 weeks'          |  |  |  |  |
|       | internship in the | Tiny Tots Nursery School R.S Palya, St. Anne's Play Home               |  |  |  |
| 1.0   | following         | Sathyanagar, Tiny Tots Higher Primary School Davis Road, Christ the    |  |  |  |
| 16.   | schools           | King High School Jeevanahalli, Cecelia School Sevanagar.               |  |  |  |
|       |                   |  |  |  |  |

# Exposure visit made by Community College students to all the following institutions:

Post Office, Andhra Bank, Canara Bank, Syndicate Bank, General Post Office, Vidhana Soudha, BSNL Office, Namma Metro Station, Sanjay Gandhi Hospital, Rajiv Gandhi Hospital, NIMHANS, De-addiction Centre, Kidwai Memorial Hospital, Home of Hope, Visthar

# CUF-ANNUAL ACTIVITY REPORT April 2017 - March 2018

# Other programs

| S.No. | Date   | Program   |
|-------|--|---|
| 1.    | January<br>2017 to<br>March 2018                 | Athletic training organized by Concern India foundation for Community students from January 2017 to March 2018. Two community students completed the training for one year.  Lokeshwari and Soni from Baiyappanahalli community are benefitting from the training |
| 2.    | 6 <sup>th</sup> April                            | Concern India Foundation auditing for Dell funding.   |
| 3.    | 3 <sup>rd</sup> to 5 <sup>th</sup> May<br>2017   | Chippersage Bodhi Tree English training for all CUF and College staff by Kanchana from Chippersage (three days)   |
| 4.    | 4 <sup>th</sup> May                              | Account training for all CUF staff by Mr. Max Benedict  |
| 5.    | 19 <sup>th</sup> May                             | Bangalore Oniyavara Seva Coota (Bosco) interviews for all, for education support. One boy from Janakiram layout community was selected and received support of Rs.40,000/-  |
| 6.    | 6 <sup>th</sup> June                             | Transferred Syndicate bank account from Banaswadi branch to Lingarajpuram branch  |
| 7.    | June 2017  | Started support from Global Giving  |
| 8.    | 29 <sup>th</sup> June                            | iVolunteer organized measurement and report writing training. Three members from CUF attend the training  |
| 9.    | August &<br>October<br>2017                      | Vathsalya Charitable Trust conducted staff training regarding Education support. Three members from CUF attended the training   |
| 10.   | 11 <sup>th</sup> October                         | Bangalore School of Music organized fund raising music program for CUF in RT. Nagar   |
| 11.   | 2 <sup>nd</sup><br>November                      | Disposed all E waste of CUF and received Rs.10.000/-  |
| 12.   | 13 <sup>th</sup> Jan                             | 30 community students participated in Inter-NGO sports and won prizes   |
| 13.   | 22 <sup>nd</sup> Feb to<br>2 <sup>nd</sup> March | The Indian Centre for Research and Development of Community Education (ICRDCE) teachers' training attended by Divya from CUF  |
| 14.   | 10 <sup>th</sup> March                           | Birds organized Women's Day celebration and 4 CUF staff attended the training   |
| 15.   | March 2018                                       | Microsoft company accepted proposal and sent a memorandum of understanding (MOU) for 2018-2019  |

# **CASE STUDIES**

# **CONCERNS COMMUNITY COLLEGE**

**Rathna: Office Management student** 

**Rathna,** at 33 years of age, has completed 10<sup>th</sup> standard. She was the only daughter in her family and her father had expired. Her mother also was sick, so the family forced her to get married as soon as she completed her schooling. Rathna had lot of difficulties in her marriage, with a husband who did not allow her to study further, and they had a son who was born with a heart problem and needed a major surgery. Knowing all her difficulties, her husband deserted her with their son. She forced herself to work as a house maid in 3 different houses from morning till evening to meet her daily needs and her son's medical expenses. She started working in a Doctor's house where they helped her to get her son treated and also introduced her to the community college.

With lots of motivation, Rathna joined the community college and faced many challenges in completing the course; after 18 years she found it very difficult to study. However, with much difficulty she managed her studies and continued to work as a maid. With all these hitches and challenges, she struggled and successfully completed the Office Administrative Assistant course. After completing the course, she got a job as a receptionist in Fire Extinguishers Company and draws a salary of Rs. 10,000/-.

Now Rathna feels very confident and proud to live on her own. She feels economically independent and socially dignified.

# Noory: Early Childhood Care and Education student

Noory is a 31-year-old Muslim woman who is married with 3 children. She had completed her 1<sup>st</sup> PUC with good marks and had lot of ambition to become a teacher and train with computers. However, her family did not allow her to continue studies but made her marry; she then had 3 children and lost all her desire to become a teacher.

Through Concerns outreach workers she came to know about community college and joined the teacher training course, which had been her aim. She had faced a lot of challenges because of her community which would not allow her to go out of her house, this included her husband. She managed herself and completed the course. She was very much focused in learning computers. She did well in her course and scored good marks and, as part of her course, she was sent for an internship to Christ the King School. The school identified her talents, especially in computers and gave her opportunity to join in the school.

Once she completed her course she was appointed as a computer teacher in Christ the King School and now draws a salary of Rs. 6,000/- she feels very confident and her family members are very proud of her and support her.

# CUF-ANNUAL ACTIVITY REPORT April 2017 - March 2018

# **GOVERNING BOARD**

# **Executive Trustee**

Mrs. Gnana Chitra
Age: 57 Gender: F
Paid a remuneration

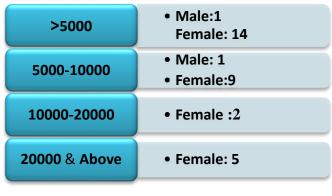
### Treasurer

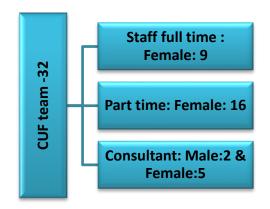
Mrs.Vasantha Samuel
Age: 67 Gender: F
No remuneration

# **Member Trustee**

Mrs. Chitra Babu Age: 53 Gender: F Paid a remuneration

# **DISTRIBUTION OF SALARY LEVELS**





The Concerns Universe Foundation Governing Board met three times during the FY on 22<sup>nd</sup> May 2017, 29<sup>th</sup> August 2017 and 14<sup>th</sup> February 2018.

# **ACCOUNTABILITY**

- ♣ Concerns Universe Foundation is registered under the Deed of Trust on 11.07.2001 in Karnataka.
- ♣ Concerns Universe Foundation is registered under Act 1961 vide register no. DIT (E)/12A/Vol.I/C-581/W-1/03-04Dtd. 29.04.2003.
- ♣ All contribution to Concerns Universe Foundation is Exempted DIT (E) BLR80G/715/AAAAC1523H/ITO (E)-1/Vol2009-2010.
- ♣ Income Tax Payment Account number on AAAAC1523H.
- ♣ Registration under Foreign Contribution (Regulation) Act, 1976. Registration number 094421129.
- ♣ Accredited for minimum norms with Credibility Alliance register no. CA/18/2013 valid till 17/3/2018.
- ♣ Registered under NGO-DARPAN. The registration number is KA/2017/0153334. The NGO-DARPAN is a platform that provides space for interface between VOs/NGOs and key Government Ministries / Departments / Government Bodies

# **CONTACT ADDRESS**

# **CONCERNS UNIVERSE FOUNDATION**

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**Email**: cufbangalore@gmail.com, **Website**: http//concernsuniversefoundation.org

# CUF-ANNUAL ACTIVITY REPORT April 2017 - March 2018

# **WOMEN SAVINGS DISTRIBUTED FROM APRIL 2017 TO MARCH 2018**

| SI<br>.No | Name of the<br>Leader | Name of the Area    | No. of<br>women | Monthly saving amount | Account No.         | Drawn<br>from<br>Bank | CUF<br>Contribu<br>tion | Total<br>Amount |
|-----------|-----------------------|---------------------|-----------------|-----------------------|---------------------|-----------------------|-------------------------|-----------------|
| 1.        | Sugunamma             | Chettiyappa lane I  | 25              | 6,500                 | 009120100<br>225785 | 80,490                | 4,010                   | 84,500          |
| 2.        | Suvarna               | Chettiyappa lane II | 18              | 4,500                 | 009120100<br>226207 | 55,684                | 2,816                   | 58,500          |
| 3.        | Narasamma             | Krishnappalane I    | 13              | 3,000                 | 009120100<br>252590 | 37,240                | 1,760                   | 39,000          |
| 4.        | Usha                  | Krishnappalane II   | 14              | 3,400                 | 009120100<br>198843 | 42,170                | 2,030                   | 44,200          |
| 5.        | Malkondamm<br>a       | Krishnappalane III  | 13              | 3,000                 | 009120100<br>232590 | 37,240                | 1,760                   | 39,000          |
| 6.        | TOTAL                 |                     | 83              | 20,400                |                     | 252,824               | 12,376                  | 265,200         |

# **SAVING EXISTING A/C APRIL 2017 TO MARCH 2018**

| Sl .No | Name of the<br>Leader | Name of the Area                | No. Of<br>women | Monthly<br>Installme<br>nt | Account No          |
|--------|-----------------------|---------------------------------|-----------------|----------------------------|---------------------|
| 1.     | Malleswari            | K.R.Palayam                     | 15              | 3,500                      | 009120100<br>255397 |
| 2.     | Suvitha               | BDA Quarters<br>Chettiappa lane | 14              | 3,500                      | 009120100<br>237683 |
| 3.     | Sugunamma             | Chettiyappa lane I              | 17              | 4,500                      | 009120100<br>254981 |
| 4.     | Suvarna               | Chettiyappa lane II             | 17              | 4,500                      | 0091201002<br>54972 |
|        |                       |                                 | 63              | 16,000                     |                     |

# **OUR SINCERE THANKS TO:**

| Network for Social<br>Change, UK   | Concern India<br>Foundation, Bangalore  | Living Hope<br>Community Church,<br>Isle of Man           | HI (Help India), UK                                       |
|--|---|---|---|
| Credibility Alliance,<br>Mumbai and New<br>Delhi   | Karnataka State<br>Council for Child<br>Welfare, Bangalore                        | Rotary, Manchester<br>Breakfast, UK                       | Volunteers from overseas and India                        |
| Vathsalya Charitable<br>Trust, Bangalore   | Mr. Ashok Mollahalli & family, USA  | Local Government and Private schools                      | ASK Outreach Trust<br>(Action Saves Kids),<br>Isle of Man |
| Indian Centre for<br>Research and<br>Development of<br>Community<br>Education (ICRDCE),<br>Chennai | Common Purpose<br>Team<br>Presidency College,<br>Hotel Royal Orchid,<br>Bangalore | Cox Town dispensary<br>DOTS¹ centre,<br>RNPTC², Bangalore |   |
| India Share<br>Manchester,UK   | Mrs.Hema Hattangady,<br>Bangalore   | ICYE <sup>3</sup> Bangalore                               | Global giving   |

- 1. Directly Observed Treatment, Short Course (DOTS): a strategy used in the control of tuberculosis
- 2. Revised National Tuberculosis Control Program (RNTPC)
- 3. International Cultural Youth Exchange (ICYE)