

**CONCERNS UNIVERSE FOUNDATION**  
**ANNUAL REPORT April 2011 - March 2012**



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### **INTRODUCTION**

In our country, all that an average human being aspires for is nothing more than economic independence and social dignity. With the population bursting every effort employed by the government does not reach people for the better, so non-government voluntary agencies play a vital role. In this context, Concerns Universe Foundation comes with its strong commitment to contribute for the cause of the marginalised in the city of Bangalore. CUF was founded in the year 2001 and it attempts to identify and fill in the critical gaps to empower the disadvantaged and thus enable them to emerge economically independent and socially dignified.

### **VISION:**

To build a new social order founded on equality, justice and peace where all people will have equal opportunities to optimise their potentials and emerge economically independent and socially dignified duly dispelling the disparities of caste, class and gender.

## MISSION:

To realise the above vision, CUF commits to embark on the mission of enhancing the knowledge and skills of those less endowed; whereby they get empowered to avail their rightful share of power, status and resources.

In doing so, CUF focuses its attention on the pre-school children and their mothers and also young women of the disadvantaged section of the community through structured interventions in the areas of health and sanitation, literacy and education, environment and ecology, skill and employment etc.

## PROGRAMMATIC ACTIVITIES:

### Overall objectives of this program

- To help the Community understand the **importance of education** and to prepare the children to enter the formal schools and perform better academically.
- To prevent as opposed to cure. To work with children and adults to give them the information and education needed to **prevent illness and death.**
- To help **women develop** outside the domestic environment.
- To **train women** in health, nutrition, computers and life skills to make them more independent.

### Specific objectives of project

- Ensure that all the children of preschool age are prepared for formal school.
- Support school going children of illiterate parents to perform better academically and prevent school dropouts or failures.
- Motivate and educate the community members about preventive health measures and practice home remedies to treat common illnesses and use low cost, nutritious, well-balanced food for their family, educate them on personal health and hygiene and waste disposal practices as well as money management.
- Provide appropriate information on educational opportunities, skill training, health facilities and other welfare facilities.
- Develop certain skills in women to enable them to become confident to help themselves and help others in their community.

#### **AREAS OF OPERATION:**

CUF works in 20 pockets of urban slums with 4500 families in Bangalore city and 80 families in a cluster of 2 villages in Chitradurga District.

#### **Accountability**

Concerns universe foundation is registered under the Deed of Trust on 11.07.2001 in Karnataka.

Concerns Universe Foundation is registered under Act 1961 vide register no.DIT (E)/12A/Vol.I/C-581/W-1/03-04Dtd. 29.04.2003.

All contribution to Concern Universe Foundation is Exempted DIT (E) BLR80G/715/AAAAC1523H/ITO (E)-1/Vol2009-2010.

Income Tax Payment Account number on AAAAC1523H.

Registration under Foreign Contribution (Regulation) Act, 1976. Registration number 094421129.

#### **THE GOVERNING BOARD:**

No.	Name	Age	Gender	Occupation	Position held	Remuneration
1	Mrs. Gnana Chitra	51	Female	ExecutiveDirectorof CUF	Executive trustee	Paid
2	MrsVasantha Samuel	61	Female	Retired Officer	Treasurer	Not Paid
3	Mrs.Chitra	47	Female	Educationists	Member trustee	Paid

#### **Major Accomplishments**

**CONCERNS PRE-SCHOOL EDUCATION:** In the past year the CUF team encouraged community parents to enrol their children for pre-school education. Children were taught different concepts including alphabets, numbers, animals, vegetables, fruits, shapes and sessions on safe transport & how to follow basic instruction and inculcate healthy habits such as washing hands, using hand kerchief and regular chapels (footwear). The CUF team found that by encouraging the parents to ensure their children attended regularly, dropouts were minimized and the maximum of children completed the academic year with all children developing better vocabulary & communication skills.

### **Child Care Children**

No.	Name of the centre	Attendance
1	Jeevanahalli	40
2	Janakiram Layout	66
3	Davis Rd Center for children of TanneryRd & Bagalur layout	32
4	Gajendhranagar	22
	Total	160

### **Add CC picture**

119 children were admitted in formal education in June 2011, 12 migrated, CUF team encouraged continuing the studies. The remaining children continued in Concerns Centre in the following academic year.

### **Community Parent Education**

The CUF team conducted **27** parent education sessions and an average of 24 parents attended in Jeevanahalli, Janakiram layout, St. Alphonsus Davis Rd and Gajendhranagar areas. The sessions were done using methods like discussion, role play, demonstration, songs etc. First aid, Dental care, Family planning, Antenatal diet, Home remedies, skin problem, Balanced diet, Anaemia, Importance of Preschool, Weaning food, importance of Protein, safety of children etc were taught. Two parent education sessions were conducted by Karnataka State Council for Child Welfare trainee teachers. (KSCCW). The common topics dealt with were how to prepare low cost of nutritious food and home remedies for

minor ailments like worms, family planning, antenatal diet, HIV/AIDS, balanced diet, anaemia, importance of preschool, weaning food, importance of protein.

The importance of child safety and a nutritious diet were emphasized. Topics such as awareness on chicken guinea and swine flu as well as wider ranging health issues were discussed. In addition teachers checked the children lunch boxes to ensure that a nutritious homemade food was sent every day. The food habits of the family had improved to a large extent by use of raw vegetables and greens (salads) and use of homemade High Protein Mix. They understood that homemade foods are more nutritious, cheaper and good for health. Two of these parents' education sessions were conducted by Karnataka State Council for Child Welfare trainee teachers.

### **Health Care program in Child Care Centre**

A full assessment was completed of the nutritional and health status of all children, Polio and Vitamin drops were given to all children. Health check up was done by a medical doctor, de-wormed all the children. 10 children had skin problems, 13 had minor ailments, 4 were under weight for their age and had Vitamin deficiencies, 2 had dental carries and 2 had ear infection. Appropriate treatment and advice for patient was given for all the children for their health issues. .

Based on the health status of the child, parents were given nutritional advise along with appropriate referrals in cases of health issues. It was found that 90% of the children showed a marginal increase in both height & weight. All children were given polio and vitamin A drops and de-wormed.

### **Special programs in Child Care Centre**

The children were taught and now have a better understanding of national and cultural events. Nine celebrations, including independence day, Children's day, Diwali, Christmas and Gandhi Jayanthi took place with the children being given special foods and dressing in colourful costumes. In addition, on 16<sup>th</sup> November 2011 took all 50 cc children to cubbon park by volunteer of Dell Company. On 3<sup>rd</sup> February 2012 Sports was organized for all the children by Community College students at CC and prizes were distributed. On 18<sup>th</sup> November 2011, KSCCW conducted Children's day cultural program competition for CC children in Byapanahaalli centre, Concerns children got prizes for dance, skit on healthy habits and all children received participation gift.

### **STUDY SUPPORT PROGRAMME**

Add Tuition picture

### **Enrolment of school dropout**

During community visits the CUF team met with **129** families and identified **68** school drop outs and motivated both children and families to continue their education. With regular follow ups this resulted in all **68** going to regular school and being more academically successful along with being better discipline.

### **Tuition**

Following identification of certain educational needs, appropriate teachers from within the community were found which resulted in better academic achievement and more regular attention at school. The children were coached on good study practices and how to do home work. On the 21<sup>st</sup> September 2011 a parents meeting was conducted and all the children were given a school bag, lunch box, water bottle and geometry box from one of our funding agencies.

<b>No.</b>	<b>Community</b>	<b>No of Children benefited from tuition</b>
1	Jeevanahalli	0
2	Janakiramm Layout	62
3	Gajendhra Nagar	30
4	Harihar	80
	Total	172

### **Adolescent Educational Support**

**108** children were sponsored to help identified their educational needs and to motivate them to focus on studies. The CUF team conducted 3 parents and teachers to better understand the economic status and extend support by payment of fees. They then conducted regular follow ups which resulted in better schools attendance and academic achievements. 105 successfully completed their academic year with the 3 remaining students migrating away for various reasons.

### **COMMUNITY COLLEGE**

Students were motivated and enrolled in community college and regular attendance was encouraged. Two trades in Diploma in Computing, Accountig And Diploma in Early Childhood care and Education integrated with work skills, life skills, community health as well as computing and English were taught. The importance of punctuality, time management and organization were addressed. This has lead to the women feeling more independent in both their work and home life. The education they have received has empowered them with dignity and self worth. In 2010 – 2011, 42 women successfully completed the course and this resulted in 30 women gaining employment, 3 women have gone on to higher education, 9 women are now home makers. In 2011-2012, 63 women enrolled in community college and 38 have gone on to complete the course. The rest of the women did not complete the course due to various reasons such as sickness, family problems and difficulties coping with the language. 20 completed Early Childhood Education and 18 Office Administration. There were 6 women gaining placements before completing the course.

### **In- service training for CUF team**

45 training programs were conducted for pre-school teachers and community workers. 12 half a day pre-school training session were conducted by pre-school trainer as well as three half- day training sessions given on health. One member of the team attended 4 half a days of training on Pre-school management. This has resulted in the CUF team becoming more confident in conducting the program and in developing new methods and techniques.

### **COMMUNITY HEALTH AND DEVELOPMENT**

Add Community picture

#### **Individual contact**

The CUF teams have in the last year interacted with 1069 new families to build a rapport and gain confidence to enable the families to make use of concerns' services. 119 families were visited upon to do follow ups on school drop outs. Based on various needs and issues 3668 individual contacts were made. 309 have received vitamin A and 98 have received polio drops. 219 pregnant have received antenatal care and 245 new mothers post natal care. 439 parents have been motivated towards immunization. This has resulted in the community being made more aware of the facilities offered and having confidence in concerns to use them.

#### **Visits to Tuberculosis Patients Homes**

Concerns have interacted with families impacted by T.B with initial visits given and follow up visits after treatment was completed. 34 patients have benefited from this and completed treatment. At present 7 patients are continuing their treatment through CUF. However 4 have discontinued due to alcohol problems and 3 unfortunately died due to severe health problems.

**Women's Health Awareness Group** Groups were formed by CUF team consisting of 12-16 members. In 448 group awareness sessions through demonstration, role play, group discussions, debate and case studies, general awareness about health rights and facilities was better understood by the women among the 87 groups in 13 different communities.

**Referral Services** The CUF team has worked towards building a rapport with the community which has lead to the referral services of 976 community members and services including hospitals, schools, training and jobs. 90% of referred members have benefited from using appropriate affordable services.

**Women's Saving Group** During this period towards economic self-reliance, 100 community women saved Rs. 2, 60,435/- in local bank, CUF contributed Rs.13,863/- and total women received Rs.2,74,298/- This was mainly used for their children's education

### Savings distribution April 2011- March 2012

Add savings picture

#### I. Savings April 2011 - March 2012

SL. No	Name of the leader	Name of area	No. of women	Saved	CUF contribution	Total
1	Shakunthala	Krishnappa lane I	18	43,317.00	2,183.00	45,500.00
3	Lakshmi	Chattappa Front I	6	7,439.00	359.00	7,798.00
4	Seeniyamma	Chattappa B.D.A quatress	18	39,472.00	2,128.00	41,600.00
5	Adarthamma	Krishnappa lane II	13	22,123.00	1,277.00	23,400.00
6	Suvarna	Chattappa Front II	20	46,056.00	2,044.00	48,100.00
7	Bujamma	Krishnappa laneIII	18	33,956.00	2,444.00	36,400.00



8	Venkatamma	Krishnappa lane IV	10	19,880.00	920.00	20,800.00
9	Christina	Krishnappa lane V	7	12,380.00	620.00	13,000.00
		<b>Total</b>	<b>100</b>	<b>2,60,435.00</b>	<b>13,863.00</b>	<b>2,74,298.00</b>

## II. saving on going

Sl. No.	Name of the area	Name of the leader	No of women	A/c no	Date of starting	Monthly saving	Date of maturity
1	Chettappa lane I	Swarna	21	88449	15.12.2011	4000.00	15.12.2012
2	Krishnappa lane I	Adarthamma	17	81613	23.09.2011	2700.00	23.09.2012
3	Krishnappa lane II	Ramamma	15	76824	28.07.2011	3000.00	28.07.2012
4	Krishnappa lane III	Shakunthala	24	76648	27.07.2011	4500.00	27.07.2012
5	Krishnappa lane IV	Usha	15	93937	26.03.2012	3000.00	26.03.2013
6	Chettappa lane II	Seeniyamma	16	71175	15.06.2011	2800.00	15.06.2012
	<b>Total</b>		<b>108</b>			<b>20,000.00</b>	

## OTHER ACTIVITIES

### Summer Computer Classes:

From April 2011– May 2011 during school holidays, 52 children from the community were taught basic computing skills by a teacher and community college students. Skills taught included Microsoft word, Excel, PowerPoint, paint and touch typing.

### Bhagya lakshmi scheme:

CUF team motivated 217 families to register in Bhagya Lakshmi scheme.50 families received the bond for Rs. 1, 00, 000/- . The girl child will get this amount when she turns age 18.

CUF team motivated 45 families to register for Ration card and Voter identity card and 45 received it from Karnataka Government.

### **Computer Classes for Girls community:**

Young girls from two communities were taught basic computer skills in a 4 month course. This encouraged them to become more familiar with a range of computer programs. To date 38 girls have completed the course and three have gained positions as office assistants.

### **Government T.B program:**

- From April 2011 to September 2011 Cox Town Dispensary Health visitors Mohammed Hayath visited CUF for 8 days regarding RNTCP DOTS Tuberculosis Treatment and follow up tests.
- On 16<sup>th</sup> June 2011 Mr. Hayath visited both centre regarding TB treatment and follow up.
- On 21<sup>st</sup> July 2011 met Mohammed Hayath and team regarding TB treatment and follow up new patient.
- Visitor from Cox town dispensary Mr. Mohammed Hayath visited Janakiram layout area and Concerns centre regarding TB treatment and follow up.

**DEVELOPING COMMUNITY BASED APPROACH FOR PREVENTION AND MANAGEMENT OF ANAEMIA:** Was initiated in November 2010 by Dr.Michael & Dr.Bhagyaraj.(All India co-ordinated project)

\* CW's identified adolescents and young married women in Janakiram layout.

CW's identified adolescents and young married women. \*Did recipes demonstration on using locally available green leafy vegetables and other iron rich food and created awareness about the same for the identified group. An Anthropometric and biochemical measurement was done and haemoglobin was assessed and de wormed all the subjects and follow up done to encourage their dietary habits to prevent anaemia. The people have understanding about the causes of anemia. People understood the importance of utilizing locally available foods to prevent anaemia. People started practicing better methods of cooking to retain nutrition.

### **IMPACT:**

They practice & preparing low cost locally available iron rich food, Eat all greens with citric product, Wash fruits and vegetable before cutting and eating, Cover the vessels when they cook. Wash hand before cooking, Wash greens with salt before cooking, Use footwear while using toilet and wash hands with soap after using toileting, cut their nails, women have found appropriate ways to handle health issues. Women utilize the facilities and resources in the locality a much better and at affordable cost.

Enrolled 194 adolescent girls and 114 married women. Haemoglobin reading done twice and de worm done for 125 adolescent girls and 82 married women. Given appropriate health advice for 45 ANCs who were enrolled in the program. All women had normal delivery except three women .Iron rich low cost green leafy vegetables demonstration done and health awareness session done in 294 groups. An average of 15-20 adolescent girls and married women present in the session.

Some of the homemade, low cost, nutritious iron rich food Demonstration done is as follows:

Akki nugge soppu ganjee, Drum stick leaves palya, Drum stick leaves & ragi roti, Fenugreek leaves and sprouted green gram salad, Fenugreek leaves paratha, Mixed greens & vegetable rice pulau, Greens chutney (coriander, Mint leaves & curry leaves), Mixture of 6 different cereals, Potato & fenugreek leaves palya ,Radish leaves paratha, Red dantu leaves palya (amaranth), Spring onion chutney, Spring onion salad, Sprouted green gram salad, Sweet corn rice with greens and vegetable, Vegetable paratha, Radish leaves salad and Vegetable karabath etc.

Also taught them health awareness sessions like iron rich food, home remedies, first aid, personal hygiene, ORS, domestic hygiene, physical exercise etc. Doctor examined all anaemic women, gave appropriate medicine, guidelines and referred some cases to local hospital.

**Internship for Karnataka State Council trainees in Child Welfare.**

2 trainers of KSCCW took part in 15 days practical teaching to improve their teaching skills and practical knowledge on child care. The children of CCC benefited from activities organized by the trainees.

**Monitoring visit from Karnataka State Council**

- Mrs. Theresa and the team from KSCCW visited concerns 15 times to suggest ways to improve the quality of work through evaluation of the program.
- Mrs. Anitha Mathew and team from Concern India Foundation visited for evaluating the program and gave suggestions and input on the program, which was implemented.

**CALENDER OF EVENT**

No.	Date	Event
1.	On 18 <sup>th</sup> May 2011	Vathsalya trust conducted summer camp class for sponsor children 20 CUF sponsor children participated in the program.

2.	On 1 <sup>st</sup> June 2011	Met Mr. Revanna Maruthi School HM and discussed about starting new centre in Lingarajpuram government school.
3.	On 28 <sup>th</sup> June 2011	Met Mr. Jayavanth in his office to get advise regarding accounting and starting of corpus fund for CUF
4.	on 29 <sup>th</sup> June 2011.	Dr. Susheela David visited CC II regarding starting of new PHC in Janakiram lay out
5.	On 7 <sup>th</sup> July 2011.	Martin and Mrs. Gargee visited Community college student to become volunteer to teach English.
6.	20 <sup>th</sup> July 2011	Karnataka Vocational Training and Skill Development. Trainer Ms. Arthi from Royal Arcid Institute of Hotel Management regarding hotel management training and placement for Community college students  To give them new experience and exposure in different field.
7.	On 12 <sup>th</sup> September 2011	Board meeting conducted by Emerson Samuel in CC I for members.
8.	On 17 <sup>th</sup> September 2011	G.chitra and Finance Manager Mr.Raju conducted staff meeting in CC II and meeting ended with lunch outside.
9.	On 20 <sup>th</sup> September 2011	visited APD regarding Sharath training and reported to Ms. Hema
10.	On 14 <sup>th</sup> October . 2011,	Monitoring visit from IGNOU Vice chancellor from Gandhi gram university  Dr. Pankajam Vice chancellor from Gandhi gram university  Visited Concerns for evaluating the program and gave suggestions and input on the program, which was implemented and conducted academic meeting.  To give suggestions and to improve Community college quality of work
11.	On 18 <sup>th</sup> October. 2011	A team of 16 members from DELL visited Concerns with CIF team.

12.	On 29 <sup>th</sup> January 2012	CIF conducted sports event, 30 children from JK community participated in the progra
13.	On 1 <sup>st</sup> April 2011,	took all community college students with CUF team to Mysore trip.
14.	on 16 <sup>th</sup> June 2011.	Team from Jagrudhi visited Concerns regarding student admission
15.	On 22 <sup>nd</sup> March 2012	Lighting ceremony for student of Community College.
16.	14 <sup>th</sup> November to 25 <sup>th</sup> November 2011	Internship training from for Office management and Preschool teachers in different offices and schools.
17.	On 24 <sup>th</sup> and 25 <sup>th</sup> November 2011	St. Joseph's Community College conducted competition for Bangalore Community College students, all Concerns Community College students participated in program dance, song, speech, throw ball etc.
18.	On 1 <sup>st</sup> and 3 <sup>rd</sup> March 2012	Community College girls conducted health awareness program in JK layout.
19.	On 30 <sup>th</sup> March 2012	CUF team and community college went to Mysore trip.
20.	On 13 <sup>th</sup> March 2012	Community College students did assessment of malnutrition to all CC children.
21.	March 20112 for 3 days	Two day seminars sessions in ICRDCE Chennai for community colleges to understand the quality management of the community college  Understood the significant of quality of curriculum, resource material, staff commitment and certification of the community college.

## **CASE STUDY**

### **Concerns IGNOU Community College student-2010-2011**

Rita Velu 38 yr.s lives in Doddigunta soon after her schooling she got married and have two grown up children. She was at home and was taking care of her family. Through Concerns community worker she came to know about Concerns Community College and joined the course. When she joined the course she felt the level high and she could not cope up with the program because she did her schooling in Tamil medium long

ago. After attending life coping skill and skill training she gained confident and completed the course. While attending college she had many difficulties in attending classes because her husband was severely ill. She use to care him also attend class in spite of struggle she completed the course, she joined in MEG school and now she completed 1 year in teaching Preschool children. Now her husband is in good health and she feel there is hope in future.

### **Concerns IGNOU Community College student-2011-2012**

Kavitha.S 29 years lives in Ramamurthy nagar from Andhra soon after her schooling she got married to an army person in the age of 18yrs. Then she migrated to Bangalore was at home took care of her family. Through her friend she came to know about Concerns Community College. She used to travel 1 ½ hrs. Every day to college, through life skill she gained confident in doing things, motivation, decision making and internship training she gained confident in doing program. Soon after completing her course she got job as Preschool teacher in Narayana Techno School and they pay Rs.10, 000/-

### **Tuberculosis patient completed treatment through Concerns and cured: Sep 2011- January 2012**

Sophiya 28yrs.wife of Kanthalal lives in Janakiram layout married with 3 children she works as a maid her husband is an alcoholic person he will not support family. Because of financial and family problem she lost her good health and was suffering with TB symptoms. Concerns community workers motivated her to do check up in TB dispensary and they confirmed that she has TB then started TB treatment in hospital. Due to her illness and financial problem she could not go to hospital for treatment. Through Concerns DOTs centre she took treatment and completed her treatment and cured.

### **School dropout joined back to school 2011-2012**

Peter 10 yrs. Old boy son of Raju and Stella studied in St. Joseph's school up to 3<sup>rd</sup> std. lives in Janakiram School. Father left the family deserted them. The mother works as a maid and could not pay his school fees due to financial and family problem he discontinued the school. Concerns community worker found him in the play ground counselled and motivated him and his mother to join school. After 2 months motivation family and he agreed to admit him in local government school. He attended tuition and got continuous education support. His family feels happy because he continued his schooling, now he completed one year of school.

### **OUR SINCERE THANKS TO**

 Coordinator and volunteers of i-to-i

 Concern India Foundation Bangalore

- ✚ Mrs.Hema Hattangady & Mr. Mukund Bapat team members of Schneider Electrics Pvt. Ltd. Bangalore
- ✚ Cox town dispensary DOTS centre RNPTC Bangalore
- ✚ Karnataka State Council for Child Welfare Bangalore
- ✚ Vathsalya Charitable Trust Bangalore
- ✚ Indian Centre for Research and Development of Community Education, Chennai ( ICRDCE))
- ✚ Living Hope Community Church, the ISLE OF MAN &ASK outreach trust (Action Saves Kids )The ISLE of MAN
- ✚ HI (Help India ) UK
- ✚ Network for Social Change UK
- ✚ National Union of Teachers, Birmingham,UK
- ✚ Rotary, Manchester breakfast
- ✚ Rotary, Rams Bottom
- ✚ St Peter's Church India fund (Manchester)
- ✚ Credibility Alliance Mumbai and New Delhi
- ✚ Indhra Gandhi National Open University (IGNOU) New Delhi
- ✚ Common Purpose team

#### STAFF DETAILS

Gender	Paid full time	Paid part time	Paid consultant	Volunteers
Male	0	1	1	0
Female	5	23	0	0

### Distribution of staff according to salary levels as on March 2011

Paid to staff INR	Male	Female
>5000	0	24
5,000- 10,000	2	1
10,000- 20,000	0	3

### Issues and Challenges

Most programs planned were implemented. But we had to do more related programs for better impact. The challenges were lack of infrastructure, trainers and discontinuation of trained staff.

Since our programs are in different premises which are away from each other, difficulties are faced in co-ordinating various activities and more time-consuming.

The interference and non co-operative nature of land lords of our rental buildings to run programs continuously affect our working atmosphere.

Even though there are many challenges, we are encouraged to continue to work and move forward to make some difference in the life of the underprivileged community.

Irregularity of the students of the community college is also a big challenge. This hampers effective training.

**CONCLUSION:** The all round year reporting was indeed so eventful that CUF has a sense of satisfaction in achieving its objectives in tune with whatever envisioned on behalf of the communities of its concern. CUF, over the years pledges to continue with its vision driven programs to fulfil its commitment to the disadvantaged communities and thus make a distinct mark and difference .



