## Concerns Connect



#### **Field Office**

#52, Balakrishna Road, 1 $^{\rm st}$  Cross, R.S. Palya, Bangalore - 560033

www.concernsuniverse.org hello@concernsuniverse.org

Dear Friends,

Greetings from Concerns Universe Foundation.

We hope you are doing well and staying safe. Dr. Loretta Scott quotes, "We can't help everyone, but everyone can help someone" We are thankful to our donors and funders who supported us to render help to the community during the Pandemic. Through the Pandemic we have learnt and are still learning to work in new and effective ways. Since most of the Concerns Community college sessions were done online, students from far distances could join and we could utilize resource persons from different parts of the state and other states to train students.

Numbers from the 4th National Family Health Survey indicate how 53.1% of all women age 15-49 are anemic. An alarmingly high rate of undernourished mothers' results in low-weight, poorly nourished babies and infants. 21% of all children under 5 years remain unproductive or wasted (with low weight-to-height), as per India's child wasting statistics. To address this concern in our community, we distributed free dry food, cereals, pulses, high protein mix and sanitary items to needy families. We also provide eggs to the children under our care.

Based on the needs we changed our strategies; we are getting people to pass on used phones for school children who are in need of mobile phones for online classes. Many children have not paid their school fees since parents have no work and income. We provided a small amount from the donor's contribution so that they do not get dropped out of school. During Covid when community members wanted to get hospitalized or avail government services like health, dry ration and other schemes, they needed their basic documents. Through a need analysis survey, we found that many of them did not have these documents so we have started helping them to apply for these documents. This is our priority as it will lead them towards sustainable development.

With Warm wishes

Chitra and All at Concerns



Hair-style and bridal make-up training

2020-2021

Child Development Centre Currently enrolled: 91 Children

Community College
No: of students who completed
academic year 2020-2021: 98 Students

Community Health & Development 4 Communities

### Management Update

- Concerns successfully opened a new FCRA bank account in SBI, New Delhi Main Branch.
- Concerns have begun working with Asteya Services as part of the Dhwani Sahayak Program to streamline processes and make Concerns eligible for CSR funds.
- Concerns have applied for the 12A/80G renewal and are waiting for a response.
- Concerns applied for and received a CSR number which is mandatory.

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## COVID19 Response

We would like to thank our supporters and funders for helping us do this work.

- During lockdown CHD team identified needy, sick, elderly, pregnant women & disabled and distributed 188 packs (500 grams) of High Protein Mix for free of cost and 225 Packs (500 grams) of High protein mix for a nominal cost.
- In five communities 302 needy families were provided with provision bags containing grains pulses, toiletries and cleaning agents.
- Cloth masks were given to 186 members for free of cost
- CHD team identified women who are working as domestic help, 104
  maid's details were uploaded online in the Seva Sidhu portal for Covid
  Relief Package Karnataka for Domestic workers for one time support of
  Rs 2000/ from the government.





**Distribution of Dry Ration** 

# Support COVID19 Relief

You may support Concerns response to Covid-19 in the communities by a donation to Concerns along with an email to:

hello@concernsuniverse.org

#### **Net Banking Details**

#### **Donations within India**

Account Name: Concerns Universe

**Foundation** 

Account No: 009110100223060
Bank: Union Bank of India
Branch: Cooke town, Bangalore
IFSC Code: UBIN0800911

#### **Donations from outside India**

Account Name: Concerns Universe

**Foundation** 

Account No: 00000040106006120

Bank: State Bank of India

Branch: New Delhi Main Branch
Branch Address: FCRA Cell,4th
Floor, State Bank of India, New
Delhi Main Branch,11 Sansad
Marg, New Delhi – 110001
IFSC Code: SBIN0000691
SWIFT Code: SBININBB104

Branch Code: 00691

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### Child Development Centers

#### **Home based Day Care Project:**

- With the lockdown, children haven't been attending school, in August 2021 we started five Home-Based Child-Care Projects. 10 children of working mothers are taken care of by trained facilitator. Another 10 children of non-working mothers are given weekly care pack which include nutrition, learning materials and activity sheets.
- This service is extended beyond our local communities in new areas. To
  establish the Home-based Daycare, materials such as Blackboard,
  charts, stationary, steel bowls, registers, files, High Protein Mix Packets
  etc. were provided. Regular monitoring is done and regular Covid
  protocols are followed.

Online Activities & Weekly pack distribution:

- Online activities like videos, craft etc. were shared through parent's WhatsApp groups. Children complete their activities under the guidance of preschool teachers and parents.
- Every week parents receive weekly nutrition pack which consist either
  of high protein mix powder or eggs or grains, along with worksheets
  from their child's respective centers.
- With the support of a donor we distributed provision bags to 40 childcare families which conatined essential groceries & sanitary items.







**Preschool Education- New academic batch:** 

• In the month of July, the new academic batch of Childcare was started. The Total number of children admitted in childcare center for the year 2021-2022 is as follows.

Center	No of Children
CC1- Jeevanahalli	16
CC2- R.S Palya	23
CC4- Baiyapanahalli	18
CC5- Ulsoor	35

Students in the community need smartphones to access classes, if you or anyone you know have old but usable smartphones, we request you to please consider donating them.

To donate, contact:9886720448



Home-based Day-care Project



**Parents collect Weekly Pack** 

## Community College

#### **Training and Workshops:**

- Online Guest lecture was conducted for Community college students by Jamuna Kutty, Principal of Hyderabad Community College.
- Ergonomics workshop was conducted, GSS India partnered with Concerns India Foundation to conduct this training.
- ICRDCE Chennai conducted an all-India virtual community college meeting, Fr. Alphonsus Xavier addressed all the principals and trainers.
- Alcoholic Anonymous Session was conducted by Mr. Timothy Thomas for the students.
- A Workshop was conducted on Financial Management by Mr. Naveen Kumar





#### **College Activities:**

- Practical Culinary classes were conducted, students learnt to make donuts, bread rolls, Pannacota etc. Culinary students prepared chocolates and put it up for sale.
- Puppet making class was conducted for ECCE Students. We organized a demo class by students for them to gain teaching experience.
- Beauty and Wellness Competition was conducted and the best beautician
  was received an award. Assistant Beauty Therapist Mock Viva and
  practical were conducted for the students.
- Stitch craft students made cushion covers and put them up for sale. Viva and practical classes were conducted for them,
- Resource materials were distributed for the students of Beauty and Wellness, Stitch Craft and Hotel Management to practice in their homes during the lockdown.
- Term end exams were conducted for all students, their theory exam was conducted online and for practicals they came to the college premises. 26 students were enrolled in and were successfully certified by NSDC as Assistant Beauty Therapist course.







**Puppet Making** 

## Key Activities

- Training and Workshops
- Assistant Beauty Therapist Mock Viva
- Term end Exams



**Culinary Training** 



**Mock Viva** 

## Community Health & Development

#### **Health Awareness Sessions:**

- Health awareness sessions (online & direct) were conducted on topics like Vitamin deficiencies, balanced diet, First aid, benefits of natural food etc. for 94 groups.
- 1098 community members received guidelines for Covid related issues.
- Need based health advice was given to 822 members who have diabetes, tuberculosis, hypertension etc. 587 women were given health sessions on reproductive issues, diet, hygiene etc.
- 587 mothers were given guidance on pre and postnatal care.
- In the Neighborhood WhatsApp groups information regarding health is shared with community members.1084 members received referral service from our community health team regarding general health issues.





#### **Crochet Training:**

• Crochet training was conducted for 3 months for the women in the Jeevanahalli community. 10 women and 6 students completed the course. 4 best students were given opportunities to make caps from their homes and earn money by selling them online.

#### **Teens Club:**

- 49 sessions were conducted in the community for 57 teens, on topics like, Empathy, Non-judgmental attitude etc. Sessions included role play, craft work, videos, debate, games etc.
- With the support of a donor, we were able to pay a partial amount towards the school fees for six children.

#### Back to school program:

 CHD team identified 56 school dropouts and motivated them to rejoin online school sessions and 10 children were encouraged to get enrolled in local school.

#### **Saving group:**

• 9 women monthly saved Rs.5,200 for 1 year and they received Rs.65000/- with bank interest and Concerns' 5% contribution.



Health Awareness

## Key Activities

- Health Awareness sessions
- Crochet Training
- Teens Club



**Health Awareness Session** 



**Teens Club** 

# Concerns Transformation Stories - Mohith

Mohith was not well for many days, he had lymph nodes in his neck. He visited the local clinics and was not getting better after treatment. Community Health team motivated the family and advised them to go to the government hospital for further investigation. He tested tuberculosis positive in Jun 2020. He started his medication and he felt better but few weeks later he discontinued the treatment due to lack of motivation and his condition started to worsen. Through Community Health team's continuous follow up, Mohith completed his 6-month treatment. Also, the team provided him with regular nutrition like high protein mix powder, green gram and eggs. Now Mohith is feeling better and completed 6 months of treatment for tuberculosis. He is able to come out on his own, gaining weight and started cycling.



**Mohith** 

Thank you for your support and encouragement.

Follow us on Facebook and Instagram

You may reach us at hello@concernsuniverse.org

To contribute , follow the link https://concernsuniverse.org/

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