# CONCERNS UNIVERSE FOUNDATION



## **Annual Report**

2022-2023



Website: concernsuniverse.org
Email: hello@concernsuniverse.com

# CONCERNS CHILD DEVELOPMENT CENTRES



Preschool Education- New academic batch

#### **New Batch:**

- Teachers decorated the centers and welcomed the children back to preschool. As part of classroom decoration the teachers prepared Alphabet & number charts, teaching and learning material, daily schedule charts and other such items.
- The total number of children admitted in childcare centre

for the year 2022-2023 is as follows.

CC1- Jeevanahalli - 20 children

CC2- R.S Palya - 33 children

CC4- Baiyapanahalli - 30 children

CC5- Ulsoor - 30 children

Total= 113 children

#### **Health Check-up:**

• The health check up was done in all the four child care centers by Dr. Eileen. health assessment was done in all 4 childcare centers. Teachers checked children's height and weight during the assessment. The assessment was done for all the children. It was found that 4 children were under weight, 3 were stunted and 3 were malnourished The children who were found to be malnourished were advised to provide proper nourishment. The children were also given Vitamin A and Albendazole Supplements. Vitamin A provides antioxidants which protects the children from chronic diseases. Albendazole is an anti- worm medication that is recommended for children.

#### **Celebrations:**

- Independence Day was celebrated in all our childcare canters. The ECCE students helped in organizing activities for the children. Children dressed up as different freedom fighters and thoroughly enjoyed their day and all the activities of the day.
- All four CC Centre celebrated Diwali with the children, they were given Gulab Jamoon as a special snack treat for the festival.
- In the month of December the Child care centers celebrated Christmas the children came dressed in fine clothes and had fun singing carols dancing with Santa Claus and enjoyed the special snacks.
- In all the four Child Care canters, we celebrated the festival of Pongal which is a harvest festival in South India. The children came in fancy clothes, they celebrated Pongal and had sweets.





#### **Parent's Meeting:**

Parents meet was held each month and the topics discussed were Anemia, Childhood injuries and prevention, and Child Rights and Responsibilities. Care givers attended the meetings, they were attentive and participated in the topics discussed.

#### Day out:

Children from Jeevanahali canter visited the playground nearby and the children enjoyed their day out.

#### **Key Foundation:**

We plan to Upgrade our Child care program with Key Foundation curriculum. Key Foundation is a not-for-profit organization working to ensure quality early childhood education for all children. This will help us to be more effective in our intervention. We have started using their books in our centre, and our children are enjoying the activities and learning new lessons.

#### **Childcare interactions:**

The students from the KSCCW (Karnataka State Council for Child Welfare) 1st batch visited our Center in R S Palya. Four students did their internship in our center for nine days.

The ECCE students had their story telling practical sessions at CC2 centre in the month of October. Each student was given a story for which they prepared chart and visual aids to narrate the story to the children.





### CONCERNS COMMUNITY COLLEGE

#### **Orientation and Inauguration**

- The new academic year started with orientation classes. Therules and regulations of the college were communicated.
- TOT (training of Trainer) was conducted by ICRDCE and NSDC in Chennai, 4 Trainers attended the training.
- In June 2022, Inauguration and Talents Day was held for the students. They participated in dance, singing, mehndi, cooking without fire, bridal makeup, rangoli and drawing competition.

#### Workshops:

- In May 2022, A workshop was conducted on 'I am Special' by Dr. Vasudevan.
- In July, we had a special session by Dr. Fr. Xavier Alphonse. He gave a session to all ou Community college students and motivated them. He taught about how to Live, laugh and love to make life better.
- Special session on Alcholohic annonomous was conducted by Mr. Timothy Thomas. to create awareness among the youths about the alcoholic addiction and its consequences.
- Special Session was conducted by Mrs. Yasmeen Sait to counsel them about career paths and guide them to make right choice, to give awarenes s about different professions and fields.
- Mrs. Rema Sivaram is a Social Entrepreneur and Sustainability activist she gave a guest lecture for our students on Women and Sustainability on the occasion of International Women's day.
- Concerns organized mobile culinary classes twice a week in GRT Centre an NGO. This was conducted for the parents of mentally retarded children and 18 attended.

#### **Programs:**

- In June 2022, Inauguration and Talents Day was held for the students. They participated in dance, singing, mehndi, cooking without fire, bridal makeup, rangoli and drawing competition.
- Independence Day was celebrated by Concerns Community college students, they sang the National Anthem and they all wore national flag badges.
- Cultural Day was celebrated in the college, students participated in singing and dancing for patriotic songs.
- Sports day was held for our Community college students in ITC ground, Jeevvenahalli. 55 students participated in various games and were given prizes.
- 18 students from General Duty Assistant were sent for Internship to Ashley Old Age Home in Horamavo every Saturdays.
- From Assistant Beauty Therapist course, 19 Students wrote the NSDC exam and all passed.
- From General Duty Assistant course 18 students were enrolled for NSDC Exam, 17 students wrote their exam and passed with A grade.
- Community College Graduation for the 15th Batch was conducted, the Chief Guest was Dr. Fr. Xavier Alphose, Director ICRDCE, Rev. Vasudevan and Dr. Eileen. 54 students graduated from General Duty Assistant, Beauty and Wellness and Stitch Craft course.
- -Christmas program was celebrated by our community college students. They participated in a skit and sang songs.

  Page 3

• On the occasion of Women's Day our students from Beauty and Wellness trade had an intra-class make up competition. The students exhibited bridal make up based on different styles.

#### Health

- Health check for all the Community college students was conducted by Dr. Eileen. Most girls had vitamin D deficiency and various health problems. Few girls were referred for different blood tests and to hospitals. One girl was identified with a serious problem she was referred to Bowring and a surgery was done.
- Resource material which included a First aid box with medicine and accessories was distributed to all GDA students.
- A Counselling session was conducted for 41 students. Mrs. Ayesha Dawson, helped us in individual counselling session. Many students were able to share about their personal problems and found the counselling session very effective.

#### **Academics**

- A crash course was conducted by Google on Functional English for the students of Concerns Community College they were trained on speaking skills and encouraged them converse in English.
- Monthly tests were conducted for all students
- Practical classes were conducted for all students. For Community Health and Development practical, students were taken to Home of Hope, an NGO in Bangalore.
- Crash course on Culinary was conducted for housewives and students on how to make cakes and pastries in the Bypanahali Community.
- 14 students along with staff from Helping hands NGO, Chelikere attended a Crash course on Culinary After completion of the course they started baking their evening snacks for all the children of this NGO.
- Exams was conducted for NSDC Self Employment Tailoring course. 12 students wrote their exams and all passed with A grade.
- March was the month of practical growth among the students in their respective work skill. Intense training and knowledge have been inculcated to the students.
- Crest an NGO in association with Bosch are conduction Inter-personal and soft skill training for our students. They have provided resource materials and the students are engaged in various activities and games.
- The monthly test for the month February and March was conducted.





### COMMUNITY HEALTH AND DEVELOPMENT

#### **Program for School Going Children**

- Free Slippers were distributed to Government and Private schools by Green Sole through Concerns
  Universe Foundation for the needy students.7,156 pairs of slippers that were distributed were
  made from recycle discarded shoes.
- Teens Club Teens club for school going students in government aided school. The sessions were Planned on moral values, character building, goal setting etc. Teens club was conducted for 460 students.
- In Back to school program, 220 students were motivated to re join school and 97 students have rejoined school.
- Theme based Summer Camp was conducted for the 355 children in the age group of 10- 16 in four communities, in the Government & Government aided school and in CHD centers. Community volunteers and students supported the program. Activities conducted were role play, singing, creative work, group games. Children were provided with nutrition.

#### **General Health Awareness**

- Well baby show program conducted for young mothers with infant from 6 months to 18 months in 4 communities in September, 151 young mothers participated in the program. Pre-assessment on weaning practice General screening on height, weight, head and chest circumference Awareness session were conducted on weaning food practice, hygiene, immunization, malnutrition, Government Welfare Program and family planning.
- Health awareness sessions on chronic illness were conducted in four communities. 1,020
  community members were present. PPT, flash cards and videos were shown for awareness on
  chronic illness, personal hygiene, diet and physical exercise. Blood Pressure and diabetes were
  measured to monitor and prevent risk of heart diseases and stroke.house visits and follow up was
  done for members with chronic illness.
- A Cancer screening camp was organized by the Indian Cancer Society (ICS) in collaboration with Concerns Universe Foundation in all the communities we work in . 325 members from the community participated and benefited.
- 2,291 Community members were motivated and referrals were made to utilize and avail services
  from government and private health institutions. Community field staff referred community
  members to Citizen Service Centre and cyber center to make new cards, to make corrections,
  update their existing information on Aadhaar card, Labour card, income, caste certificate and
  Bhagyalakshmi scheme etc.

#### **Other Activities**

- Partial fees support was made for 4 students.
- In service training sessions were conducted for field staff.
- Field staff motivated 85 community members for childcare center admissions, 242 members for Community college admission.
- 388 High Protein Mix Packets was distributed for Community members.
- Women's safety workshop was conducted by Durga India (an organization that works for Women Safety). Session was conducted on Deterrence of sexual harassment- ensuring safe and access in public places, work places, enabling women to be aware about their rights and build sense of community. 57 women participated.
- Need analysis survey was conducted in four communities, 400 members were approached to
  understand the skill training that they are interested in so that we can plan skill training based
  on the data. Google form with relevant questions was formed and we had received 400
  responses from the survey. In which 206 members were interested in Computer course, 113
  members were interested in Tailoring course and 84 members were interested in Beautician.
- Geriatric training was conducted by Nightingale medical trust for 20 primary care givers from the community for 5 days.
- 3 cancer survivors have been referred for palliative care.
- 3 women, who faced domestic violence by their intimate partners, were referred to other service provider NGO for counseling.









## MANAGEMENT UPDATES

#### **GOVERNING BOARD**

| SL.NO. | NAME                           | DESIGNATION ON<br>BOARD | AGE | Whether paid a<br>remuneration or<br>not |
|--------|--------------------------------|-------------------------|-----|--|
| 1      | Mrs.<br>Gnana Chitra           | Executive<br>Trustee    | 62  | Paid                                     |
| 2      | Mrs.<br>Vasantha<br>Samuel     | Treasurer               | 72  | Unpaid                                   |
| 3      | Mrs.<br>Rebecca Anbu<br>Thomas | Member<br>Trustee       | 47  | Unpaid                                   |

#### **ACCOUNTABILITY**

- Concerns Universe Foundation is registered under the Deed of Trust on 11.07.2001 in Karnataka.
- Concerns Universe Foundation is registered under the Income Tax Act 1961 vide unique registration number AAAAC1523HE20161.
- Concern Universe Foundation's 80G unique registration number is AAAAC1523HF20219
- Income Tax Payment Account number on AAAAC1523H.
- Registration under Foreign Contribution (Regulation) Act, 1976. Registration number 094421129.
- Accredited for minimum norms with Credibility Alliance register no. CA/26/2018 valid till 07/10/2023

Arivaci & Co. Page 8

#### **DISTRIBUTION OF SALARY**

| Staff Full-<br>Time | Female - 14 | Male - 0 |
|---------------------|-------------|----------|
| Part-Time           | Female - 5  | Male - 0 |
| Consultant          | Female - 0  | Male - 0 |

| Rs.<br>5,000/- to Rs.<br>10,000/-  | Female - 3          | Male- 0 |  |
|------------------------------------|---------------------|---------|--|
| Rs.<br>10,000/- to Rs.<br>20,000/- | Female - 9 Male - 0 |         |  |
| ><br>Rs. 20,000/- Rs.<br>30,000/-  | Female - 4          | Male- 0 |  |
| Rs. 30,000/- and<br>above          | Female- 3           | Male-0  |  |

#### **OUR SINCERE THANKS TO:**

| Credibility<br>Alliance, New Delhi  | Concern<br>India Foundation, Bangalore                      | Volunteers<br>from India                                     | Indian<br>Cancer Society   |
|---|---|--|--|
| Rotary,<br>Ramsbottom, UK<br>India<br>Share, Manchester,UK                          | Living<br>Hope Community Church,<br>Isle of Man             | Local<br>Government and<br>Private schools                   | Mr.<br>Reuben Dorairaj, Bangalore  |
| Karnataka<br>State Council for Child Welfare<br>Global<br>Giving                    | Rotary,<br>Manchester Breakfast, UK                         | Cox<br>Town Dispensary<br>DOTS Centre RNPTC,<br>Bangalore    | Bangalore<br>International Centre  |
| Indian Centre for Research and Development of Community Education, Chennai (ICRDCE) | Mr.<br>Ashok Mollahalli & family<br>USA                     | ASK<br>Outreach Trust<br>(Action Saves Kids), Isle<br>of Man | Dhwani<br>Foundation<br>Asteya<br>Foundation   |
| Mrs.<br>Hema Hattangady, Bangalore  | Common<br>Purpose Team<br>Synamedia<br>India Pvt Ltd        | Positive<br>Revolution<br>Amani<br>Institute                 | Amphenol<br>Interconnect India Pvt Ltd   |
| Mr. Yesupatham,<br>Ms.Vivi Swu,<br>Mrs. Dorcus<br>Naveen Kumar                      | Dr. Vasudevan, Mrs.<br>Shelie Paul. HMS Hospital ,<br>Dubai | Dr. Suchitra<br>Mohan SIMSRH<br>Medical College -<br>Tumkur  | Mr. Amarnath<br>(DGP – Home Service,<br>Bangalore), Mr Naveen<br>Kumar Financial Officer LIC<br>of<br>India, |

#### **CONTACT INFORMATION**

Regd. Office Address: No:4, Patel Hanumantha Rayappa Layout, Byrathi Cross, Kothanur Post, Bangalore -560077

Field Office Address: Concerns Community Resource Centre, No: 52, 1st Cross, Balakrishna Road, R.S.Palaya, Bangalore – 560033 Phone Numbers: 080-25475027, 09886720448

Website: https://bit.ly/3HVgRP7

Social Media: Facebook: https://bit.ly/2ZwRrTU; Instagram- https://bit.ly/3girzB6

Arivaci & Co. Page 10