

# CONCERNS KALEIDOSCOPE

(January- March 2023)



## Updates

- 1) Mrs Shuaiba Rahman is our consultant, she is helping overall and mainly in the area of fund raising.
- 2) Board meeting was on 12 th January 2023.
- 3) Weekly updates to Asteya Services are happening in a timely basis. FCRA Q3 filing was done by Asteya
- 4) POSH minutes of the meeting is submitted to the Commissioner office.
- 5) From March 17 th 2023 started Stitch craft training unit. Adhyan Foundation donated for the Establishment of Stitch craft training unit
- 6) Mr. Reuban donated for our Child development program.

Dear Friends,  
Greeting from Concerns Universe Foundation.

We hope you all are staying well and safe.

A quote states, "Helping one person might not change the whole world, but it could change the world for one person."

We are excited to share with you our recent activities from our programs. We are grateful to our supporters and well wishers for their constant support and generosity.

This year, we have been reflecting and taking step to become more professional in our interventions. Our focus is to upgrade ourselves in all areas of work so that we can be more impactful in the communities we serve. Hence making it a sustainable impact for individuals.

We look forward to impacting our children's lives by providing a more structured curriculum with the help of KEY Foundation. We want our children to reach a standard in order for them to move to formal schools. As health always stands as an essential part of our Community Development program, we continue to refer individuals, arrange camps, conduct health sessions motivate them to use government benefits etc., Our Community College students are focusing on their skills as they aim to become employed and in-turn become economically independent.

We are grateful for the opportunity to serve and render help to the underprivileged. It is through your continued support that we are able to create an impact in people's lives.

We are grateful for your support and hope you are encouraged by our work.

With warm wishes  
Chitra and all at Concerns

# CHILD DEVELOPMENT CENTRES

## PROGRAMS AND ACTIVITIES IN THE CHILD DEVELOPMENT CENTRES:

-In January, in all the four Child Care centres, we celebrated the festival of Pongal which is a harvest festival in South India. The children came in fancy clothes, they celebrated Pongal and had sweets.

-Dr. Eileen visited our child care centre 5 and Health Check-up was conducted for all the children and necessary advice and referrals were given.

-We plan to Upgrade our Child care program with Key Foundation curriculum. Key Foundation is a not-for-profit organization working to ensure quality early childhood education for all children. This will help us to be more effective in our intervention. We have started using their books in our centre, and our children are enjoying the activities and learning new lessons.

-Parents meeting was conducted for the parent of the child care children. They were updated on their child's performance and other matters like health, hygiene etc. were discussed with parents.

-Children from Jeevanahali centre visited the playground nearby and the children enjoyed their day out.



Pongal Celebration



Health checkup



Children in the playground



Parents meeting



Child care children practicing and learn from the new books having KEY Foundation curriculum

## COMMUNITY HEALTH AND DEVELOPMENT

### PROGRAM AND ACTIVITIES BY THE COMMUNITY HEALTH DEVELOPMENT TEAM:

-Teens club for school going students in government aided schools was conducted in Three schools with 6 sessions for 194 students.

-In Back to School Program, students were motivated and 38 students re- joined school.

-Cancer screening camp was organized by Indian Cancer Society (ICS) in collaboration with CUF. 130 community members benefited from the camp.

-Well baby show was conducted in 4 communities, 69 women participated with their children. Assessments were done and awareness was provided on weaning food practice, hygiene, immunization, malnutrition, Government welfare program and family planning.

-Health awareness was given to 85 women on prenatal care and post natal care on hygiene and diet including vaccination etc.

-Health awareness sessions on chronic illness and monitoring of diabetes and blood pressure were conducted in 16 locations in four communities. 242 community members were present.

-206 house visits and follow up was done for members with chronic illness.

-802 community members were assisted in application & correction in Government id proof to avail government benefits.

-176 Community members were motivated and referred to utilize and avail services from government and private health institutions.

-3625 pairs of slippers were distributed through Greensole.

-128 High Protein Mix Packets were distributed.

-Need analysis survey was conducted in four communities, 400 members were approached to understand the skill training that they are interested in so that we can plan skill training based on the data. Google form with relevant questions was formed and we had received 400 responses from the survey. In which 206 members were interested in Computer course, 113 members were interested in Tailoring course and 84 members were interested in Beautician.

-Geriatric training was conducted by Nightingale medical trust for 20 primary care givers from the community for 5 days.

-3 cancer survivors have been supported and referred for palliative care.

-3 women, who faced domestic violence by their intimate partners, were referred to other service provider NGO for counseling.



Teens Club



Greensole distribution



Wellbaby show



Monitoring and awareness sessions



Cancer Screening Camp

# CONCERNS COMMUNITY COLLEGE

## PROGRAM AND ACTIVITIES IN COMMUNITY COLLEGE:

-March was the month of practical growth among the students in their respective work skill. Intense training and knowledge have been inculcated to the students.

-Crest an NGO in association with Bosch are conducting interpersonal and soft skill training for our students. They have provided resource materials and the students are engaged in various activities and games.

-Mrs. Rema Sivaram is a Social Entrepreneur and Sustainability activist she gave a guest lecture for our students on Women and Sustainability on the occasion of International Women's day.

-On the occasion of Women's Day our students from Beauty and Wellness trade had an intra-class make up competition. The students exhibited bridal make up based on different styles.

-Health check-up was conducted by Dr. Eileen for all the Community College students.

-Two days counselling session was arranged for our students. Mrs. Ayesha Dawson, helped us in individual counselling session. Many students were able to share about their personal problems and found the counselling session very effective.

-Earth Hour is a worldwide movement, students were encouraged to turn of lights as a symbol of commitment to the planet. They also gifted 4 plant samplings for the college.

-Every month students are shown a documentary or awareness movie during their leisure time. This month they watched "The Elephant Whisperers" documentary.

-The monthly test for the month Feb and March was conducted.



Crest conducting interpersonal and soft skills



Women and Sustainability



Intraclass competition



Health check-up



Documentary film



Monthly tests



Counselling

## TAILORING UNIT



We have started a tailoring unit in Concerns. It is part of our Women empowerment program. We received tailoring machines with a support from Aadhyan Foundation. In this unit we plan to give advance training for girls and women, and it will also be a small source of income for Concerns.



## Bank Details

### Donations within India

Bank Name: Union Bank of India  
Branch: Banaswadi Branch  
Branch Address: No. 19, Sai Complex, Kammanahalli  
Bangalore - 560043  
Karnataka  
Account Name: Concerns Universe Foundation  
Account Number: 009110100223060  
IFSC Code: UBIN0907251

### Donations from outside India

Account Name: Concerns Universe Foundation  
Account No: 00000040106006120  
Bank: State Bank of India  
Branch: New Delhi Main Branch  
Branch Address: FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11 Sansad Marg, New Delhi - 110001  
IFSC Code: SBIN0000691  
SWIFT Code: SBININBB104  
Branch Code: 00691

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