# CONCERNS KALEIDOSCOPE



(July-September 2022)



Dear Friends, Greeting from Concerns Universe Foundation.

We hope you all are staying well and safe.

A quote by Malcom X reads "Education is our passport to the future for tomorrow belongs to the people who prepare for it today." We are excited to share about our recent activities from our programs. We thank our supporters and well wishers for their constant encouragement and generosity.

We look forward to impacting our children's lives from the community as they prepare for formal education and develop in a wholistic manner..

We are grateful for the opportunity that we get to impact lives in the community as healthy living and skills for employment are important for them to thrive in life. We are encouraged by their stories and it motivates us.

We are grateful for your support and hope you are encouraged by our work.

With warm wishes
Chitra and all at Concerns

### CHILD DEVELOPMENT CENTRES

#### PROGRAMS AND ACTIVITIES IN THE CHILD DEVELOPMENT CENTRES:

- -The children were taught about how to say about themselves their name and their parents names sets. according to the theme "Me and Myself"
- -The children received their books and crayon.
- -The health check up was done in all the four child care centers by Dr. Eileen. The children who were found to be malnourished were advised to provide proper nourishment. The children were also given Vitamin A and Albendazole Supplements. Vitamin A provides antioxidants which protects the children from chronic diseases. Albendazole is an anti-worm medication that is recommended for children.
- -4 students from the KSCCW (Karnataka State Coucil for Child Welfare) did their internship in R S Palya Child Care center for nine days.
- -Parents meet was held every month and they were given a report on their child's progress. They were also taught about the health benefits of the HPM powder and how to make them.
- -Independence day was celebrated in all our childcare centers. The ECCE students helped in organizing activities for the children. Children dressed up as different freedom fighters and thoroughly enjoyed their day and all the activities of the day.











Session with Children



Distribution of Books



Health Check up



Internship of KSCCW Students



Parents Meetina

### COMMUNITY HEALTH AND DEVELOPMENT

# PROGRAM AND ACTIVITIES BY THE COMMUNITY HEALTH DEVELOPMENT TEAM:

- -Teens club for school going students in 3 government aided school for 156 students.
- -In Back to School Program, 56 students were motivated 22 student were rejoined.
- -Cancer screening camp was organized by Indian Cancer Society (ICS) in collaboration with CUF. 63 community members benefited.
- -Health awareness sessions on chronic illness and monitoring on diabetes and blood pressure were conducted in four communities for 220 community members.
- -Referred community members to Citizen Service Centre and cyber center to make new cards and corrections update in their existing cards on Aadhaar card, Labour card, income, caste certificate and Bhagyalakshmi scheme etc. 705 members benefited from this
- -Green sole foundation through CUF distributed free slippers for 260 students.
- -Well baby show program conducted for young mothers with infant from 6 months to 18 months in 4 communities in September, 49 young mothers participated in the program.
- Pre-assessment on weaning practice was done and nutrition education was provided to the young mothers.
- General screening on height, weight, head and chest circumference. Among the 49 children, 45 children were below their standard weight.
- Awareness session was conducted on weaning food practice, hygiene, immunization, malnutrition, Government welfare program and family planning.





Teens Club



Cancer screening camp





Awareness for Community members

## **CONCERNS COMMUNITY COLLEGE**

### PROGRAM AND ACTIVITIES IN COMMUNITY COLLEGE:

- -In July, we had a special session by Dr. Fr. Xavier Alphonse. He gave a session to all our Community college students and motivated them. He taught about how to Live, laugh and love to make life better.
- -Special session on Alcholohic annonomous was conducted by Mr. Timothy Thomas. to create awareness among the youths about the alcoholic addiction and its consequences.
- -A crash course was conducted by Google on Functional English for the students of Concerns Community College they were trained on speaking skills and encouraged them converse in English.
- -Special Session was conducted by Mrs. Yasmeen Sait to counsel them about career paths and guide them to make right choice, to give awareness about different professions and fields.
- -Independence Day was celebrated by Concerns Community college students, they sang the national anthem and they all wore national flag badges.
- -Cultural Day was celebrated in the college, students participated in singing and dancing for patriotic songs.
- -Monthly tests were conducted for all students
- -ICRDCE( Indian Centre for Research and Development of Community Education) Life Skill Training Faculty from Concerns Community College were invited as Resources persons and they also attended the training.
- -Practical classes were conducted for all students.





- -For Community Health and Development practical, students were taken to Home of Hope, an NGO in Bangalore.
- -Crash course on Culinary was conducted for housewives and students on how to make cakes and pasteries in the Bypanahali Community, At Saitpalya Lingarajpuram community and At Acess NGO Chelikere.



Session by Yasmeen Sait



Cultural program



Independence Day



ICDRCE Session



Visit to Home of Hope



Culinary Course in the Community

### TRANSFORMATIONAL STORY



Thavamani

She is 50 year old. She liven in Jeevanahali. She is a diabetic and hyper tension patient. She could not work due to her illness and she had stopped also treatment. participated in our Chronic illness awareness session by our CHD Team. She was tested with very high BP and Diabetes. She was reffed to the government hospital free treatment. Our team also intoduced Jan aushaadhi kendra for discount in purchase of medicine.

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