



# CONCERNS KALEIDOSCOPE

**JANUARY 2024 TO MARCH 2024**



## QUICK UPDATES

- **An average of 40 students are currently attending the Community College courses.**
- **Part-time Beautician trainer has been appointed at the Community College from 29th January 2024.**
- **Child Care Centres are closed for the academic year on 28th March 2024 and will reopen on 27th May 2024.**
- **ECCE course students completed their course on 28th March 2024. They will receive their certificates in April 2024.**

Dear Friends,  
Greetings from Concerns Universe Foundation!

The New Year started with students enrolling for short-term courses at the Community College.

Children at the child care centres have reached the end of their academic year and on March 28th an annual day celebration was conducted at all the CC Centres.

The Community initiatives team conducted a Cancer screening camp in Ulsoor Community and teen clubs were also conducted in February & March 2024, apart from the regular activities.

As we look forward to the new financial year, we hope that our efforts to serve the community will have a higher impact.

We also want to thank all our well-wishers and supporters who have helped us in the last year and who will continue to help us as we move forward with the Concerns vision and mission.

With warm wishes,  
Chitra and all at Concerns Universe Foundation

# CHILD DEVELOPMENT CENTRES

## PROGRAMS AND ACTIVITIES IN THE CHILD DEVELOPMENT CENTRES:

- Children at all the CC Centres celebrated Pongal on 12th & 16th January 2024.
- Key Foundation Inservice teacher training (language development, book making, dough disco) was done online to help teachers develop their teaching skills.
- Health checkup was coordinated by Community Initiatives team for children in all 4 Childcare centres in January and March 2024. Prescription was given for some of the childcare children who needed treatment and referral was done for further investigations. Vitamin A supplements and deworming medicine was given to all the child care children. Nearly 50% of the children were found to be underweight and these children were treated with additional nutrition in the child care centres.
- Polio drops were given by ASHA workers, to 45 children in Ulsoor CC Centre on 6th March 2024.
- Key Foundation parents Webinar on Language development was conducted for parents at Old Baiyappanhalli & RS Palya CC Centre.
- On 3rd February 2024, a Webinar on Early Math Course was done for the teachers on Zoom.
- KEF Manager Ms. Rohini visited the RS Palya CC centre on 14th February and the Ulsoor CC Centre on 29th February for observation to see the effectiveness of the Key Foundation curriculum.
- Concerns Board Member Ms. Santoshi visited RS Palya CC centre for a Story telling activity.
- Parents meeting was held at all the CC Centres in March 2024. Parents were given the report cards showing their children’s progress.
- Annual day was conducted at all CC Centres on 28th March 2024. The children were presented with a small gift.
- The academic year for the Child care centres will begin on 27th May, 2024.
- Teacher training by Concerns will be conducted in the first week of April 2024.
- Teachers will have a KEY Foundation pre-service training in May 2024, to be prepared for the new academic year.

### ANNUAL DAY AT THE CC CENTRES



PONGAL CELEBRATION



PARENTS MEETING



HEALTH CHECK-UP



# COMMUNITY INITIATIVES

## Program and Activities of The Community Initiatives Team

**Cancer Screening & General Medical Camp:** Cancer screening camp was organized by Indian Cancer Society (ICS) in collaboration with Concerns Universe Foundation on 17th February 2024, in Ulsoor Community. 74 individuals, both women and men from the community, attended the camp and underwent general examination, Blood pressure & Blood sugar check. They also filled a questionnaire on their food and lifestyle habits. Oral cancer screening, Pap smear and breast examination was also done. 3 women who had attended a screening camp earlier, came for a follow-up check up. Counseling was conducted for people who follow unhealthy habits. Those with addictions were provided medicine. Some individuals who had other health issues were referred to local hospitals.

**Assistance with ID Proof and other Documentation to avail of Government Benefits:** 565 Community members were assisted in application & correction of government ID proof to avail of government benefits, in January, February & March 2024. Some were given support for Widow & Senior citizen Government pension, a few children were given support for Government Minority scholarship application, some were assisted in opening of savings bank account, including one girl child under the Sukanya Samridhi scheme.

**BACK TO SCHOOL PROGRAM:** Through community house visits 15 school drop outs were identified and motivated for school admission in government and private schools.

**TEENS CLUB:** Teens club was conducted in two schools and three communities for 379 students, from 4th to 10th standard in January and February 2024. The sessions were organized to teach value, character building and goal setting.

• The clubs were conducted in the following communities and schools:

1. Siddhartha School in Lingarajpuram
2. St. Jude's, Baiyappanhalli
3. Old Baiyappanhalli Community
4. Janakiram layout Community
5. SMK School in Baiyappanhalli

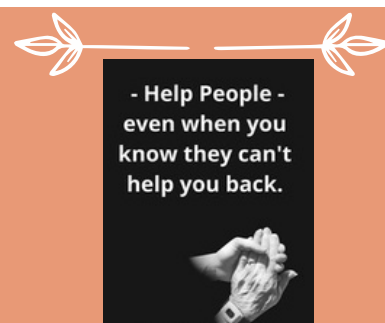
**Yours Truly Theater** group conducted a session on 6th March 2024 for 60 students in RS Palya Child Care Centre. This workshop was conducted to help the children overcome mental and creative boundaries and to handle different situations, such as exam pressure. This workshop focused on 'FUN with art' through experiential learning.

### HIGH PROTEIN MIX DISTRIBUTION:

- 281 HPM packets were sold to community members from January to March 2024.

### OTHER INFORMATION

- Ms. Manga Lakshmi who worked with the Concerns Community initiatives team from 2003, retired on 29th February 2024.



### MEDICAL CAMP



### THEATER WORKSHOP - TEENS CLUB



### FAREWELL FOR MS.MANGA LAKSHMI

### WELL BABY SHOW:

- Individual visit was made to 76 houses for baby show and monitoring. Assessment was conducted in Baiyappanahalli community and Jeevanahalli Community Centre for mother and child, regarding diet, hygiene and child rearing practices. General screening and assessment was done for the infants. Height, weight, head and chest circumference was recorded.
- Awareness was conducted on weaning food practice, hygiene, immunization, malnutrition and family planning.
- High Protein Mix demo was shown. Sample high protein pack was given to all the mothers.
- A video was shown on child rearing practices and different varieties of homemade low-cost nutritious weaning food.
- Government welfare program for infant and mother were shared
- Totally 51 young mothers with infants from 6 months to 18 months benefited from this program.



WELL BABY SHOW

### CASE STUDY:

- Asha married with 2 children works as a house maid and lives in M. V. Garden Ulsoor. She has a daughter called Jeevitha who is two years and six months old. During a community visit the CHD team met the family when the child was one year old. She was very weak, not able to sit or stand and she had no strength. The mother was encouraged to bring the child for the baby show. When we assessed the baby she was 5.5kg and severely malnourished with stunted growth. The parents were advised to give weaning food and she was given the Concerns high protein mix powder for daily nutrition. Regular monitoring was done in the family. Now the child has improved in her health and has gained weight. She is now 12 kg and we can see a lot of improvement in physical and mental ability. The family has planned to enroll the child in Concerns child care centre in the coming year, to ensure complete care, nutrition and monitoring.



CASE STUDY: JEEVITHA

# CONCERNS COMMUNITY COLLEGE

## Program and Activities of The Community College

### January

- College Staff attended a training session conducted by ICRDCE team, in St. Joseph's Institute of Skills (SJIS) Mysore Road on 29th January 2024. Training was given on new student enrollment process into the NSDC Portal.
- The ECCE students had the opportunity for internship in January 2023, where they went to different schools for two weeks, to teach and learn through a hands-on experience.



### February

- On 15th February, Ms. Varalakshmi from Crossroads NGO did a special session for the students. Through interactive activities she spoke about the power of words and how words can be used to build and encourage people rather than hurt and cause damage.
- Inauguration and Talents Day was held on 23rd February 2024. The Inauguration is mainly to welcome students as they start their courses. The talents program is a way to encourage the students to participate in various events like rangoli, painting, bangle making, mehndi, mad ads, puppet show, solo singing, solo dancing, group dancing, cooking without fire, face painting, making handmade decorations etc. The students enjoyed exhibiting their hidden talents and the others cheered them on. All the students were recognized and appreciated for their involvement and were presented with a gift.
- BOSCH Soft-skills sessions started in February 2024. The sessions are every Tuesday from 11:15am to 1:15pm, conducted by CREST NGO. BOSCH kit was also distributed to the students who have enrolled for the sessions. The kit includes a sling bag, t-shirt and workbooks pertaining to the soft- skills sessions that are taken.



TALENTS DAY FEBRUARY 2024

### March

- Family meet was conducted on March 18th 2024. 20 family members were present along with the students. They were given awareness about the different courses, activities and programs of the college. They were informed about the history of the organization, rules and regulations and other information pertaining to the college.
- Health Check-up coordinated by Community Initiatives team was held for the college students in March 2024. 17 students were found to have nutritional deficiency, 15 have vision problems and 2 have thyroid issue. The students who were sick were given prescription for medicine and some of the students who had other health issues were referred to health institutions for further checkup and treatment. Deworming tablet was given for all the students.
- On 19th March all the students visited a Tata Motors Showroom and Assembly unit, as part of their industrial exposure visit. This was organized by CREST. Students learnt about the different processes and procedures that are followed at Tata Motors. This was a new learning experience for many of the students.
- Guest lecture session for Computer students by Google Employee: On 26th March 2024, Mr. Raju, Risk Analyst from Google office in Marathahalli, gave a lecture on AI technology and the effect and risks on future jobs and job opportunities.
- A workshop on fabric painting was conducted for tailoring students by Ms. Chaitra in March 2024.
- We have started English and Life coping classes for the afternoon batch of tailoring students alternatively on Wednesdays from 3:00 pm to 4:00 pm.



FAMILY MEET MARCH 2024



HEALTH CHECK-UP



ECCE STUDENT INTERNSHIP

### VISIT TO TATA MOTORS, BANASWADI



### GUEST LECTURE ON AI TECHNOLOGY



dreams  
don't  
work  
unless  
you do.

**ADMINISTRATION DETAILS:**

- Dr. Uma Shankar from Credibility Alliance, conducted an assessment for CUF projects, on 24th and 25th January 2024, to assess the eligibility of Concerns for accreditation under the desirable norms of Credibility Alliance. He visited and met beneficiaries in the community and staff and Unit heads at the CUF admin office, Community College, Child Care and Community Centre. Concerns Universe Foundation has been approved for desirable norms with Credibility Alliance for 5 years.

**CHILD CARE CHILDREN ENGAGED IN CREATIVE WORK**



**COMMUNITY COLLEGE STUDENTS IN THEIR BOSCH UNIFORM**

HOWEVER DIFFICULT LIFE  
MAY SEEM, THERE IS  
ALWAYS SOMETHING YOU  
CAN DO AND SUCCEED AT.

-Stephen Hawking

**CONCERNS UNIVERSE  
FOUNDATION  
BANK DETAILS**

**Donations within India:**

**Bank Name: Union Bank of India**  
**Branch: Banaswadi Branch**  
**Branch Address: No. 19, Sai Complex, Kammanahalli, Bangalore - 560043 Karnataka**  
**Account Name: Concerns Universe Foundation**  
**Account Number: 009110100223060**  
**IFSC Code: UBIN0907251**

**Donations from outside India:**

**Account Name: Concerns Universe Foundation**  
**Account No: 00000040106006120**  
**Bank: State Bank of India**  
**Branch: New Delhi Main Branch**  
**Branch Address: FCRA Cell, 4th Floor, State Bank of India, New Delhi Main Branch, 11 Sansad Marg, New Delhi - 110001**  
**IFSC Code: SBIN0000691**  
**SWIFT Code: SBININBB104**  
**Branch Code: 00691**

**THANK YOU FOR YOUR SUPPORT AND ENCOURAGEMENT.**

<https://www.facebook.com/ConcernsUniverseFoundation/>  
and Instagram.

<https://www.instagram.com/concernsuniversefoundation/>  
You may reach us at

[hello@concernsuniverse.org](mailto:hello@concernsuniverse.org)

To contribute , follow the link <https://concernsuniverse.org/>