

Quarterly Newsletter

CUF MISSION

Oct2024-Dec2024



Ripple Effect: Small Actions, Big Impacts

Quarterly Newsletter: October to December 2024

Welcome to the quarterly update from **Concerns Universe Foundation**, where we continue to empower individuals through education, vocational training, and community engagement. At Concerns Universe, we strive to create opportunities for underprivileged communities, fostering self-reliance and holistic development. This edition highlights the progress and achievements across our programs, including hands-on internships, skill-based training, and community initiatives that reflect our commitment to transforming lives. Visit our website to learn more about our mission and community initiatives.

With warm regards,

Gmane Chikri

This edition offers a comprehensive overview of:

Child development program

Community initiatives

Stories of Impact

Community college



CHILD DEVELOPMENT PROGRAM

Enrollment

A total of 133 children (61 girls and 72 boys) were enrolled at four centers: Jeevanahalli, R.S. Palaya, Baiyapanahalli, and Ulsoor, ensuring access to quality early childhood education.

Activities

Children engaged in creative tasks like vegetable printing, origami fish, and paper butterflies, fostering motor skills and creativity. Academic activities focused on building foundational language and math skills.



Parent Workshop

On 22nd November, a workshop was conducted to educate parents on their role in supporting their children's learning at home and to enhance parent-teacher collaboration.

Teacher Training

Teachers attended two training sessions conducted by Key Foundation. These workshops focused on improving teaching methods and effectively implementing the curriculum.

Assessment

All children completed Google Checkpoints, a tool used to evaluate their academic progress and identify areas for improvement in their learning journey.



Health and Nutrition

Dr. Eileen Solomon conducted health checkups, and essential supplements such as Vitamin A and albendazole were distributed with the support of government health workers to improve immunity and prevent deficiencies.

Celebrations

Children's Day (14th November) was celebrated with fun games and activities to recognise their importance. The Christmas celebration (23rd December) included festive crafts and programs to spread cheer among children.



Conclusion

In conclusion, the program provided a well-rounded education for 133 children, focusing on creativity, academics, and health. Activities like vegetable printing and origami fostered motor skills, while health checkups and nutrition support ensured well-being. Celebrations, workshops, and teacher training enhanced the learning experience. Assessments through Google Checkpoints helped track progress and guide improvements.

COMMUNITY INITIATIVES



Key Achievements

Back to School Program:

Re-enrolled 14 out of 29 identified school dropouts. Teens Club engaged 45 children in meaningful activities.

Teens Life Skills:

15 sessions for 400 students focusing on confidence, emotional management, and creativity.

Child Rights Education:

105 students learned about human rights, equality, and constitutional values

Health Initiatives

Cancer Screening Camp:

90 participants screened; follow-up treatments ensured for identified cases.

Well Baby Show:

Educated 19 mothers on nutrition and hygiene, addressing malnutrition concerns.



Community Support

Assisted 453 members in obtaining government IDs and accessing welfare benefits.

Referred 14 families for domestic violence support with counseling and legal aid.

Skill Development

Theatre Workshop:

45 children improved creativity and teamwork.

Community College Visits:

31 students gained insights into healthcare professions.

Stories of Impact

Maria

Maria completed her beauty therapy training despite personal challenges. Her determination transformed her family's quality of life and inspired others in her community.

Shri Lakshmi

Shri Lakshmi's Hotel Management training helped her secure stable employment and start a small business, ensuring a brighter future for her family.



Community college

Student Exposure and Learning

- Students visited prestigious health institutions like NIMHANS and Rajiv Gandhi Health Institute, gaining practical knowledge about diseases, hospital departments, and patient care.
- ECCE students observed child development centers, enhancing their understanding of early childhood education practices.

Skill Development Programs

- Tailoring: Students learned to design and stitch umbrella frocks, chudidhar tops/pants, and neck patterns, with advanced sessions on gents' clothing by an expert tailor.
- Beauty Therapy: Training included hairstyles (French braids, bridal plates), mehndi designs, and preparation for NSDC exams.
- Computer Applications: Covered MS Excel, PowerPoint, internet basics, and ergonomics to improve technical proficiency.

Events and Celebrations

- Sports day featured engaging activities like races and balloon games, with snacks and prizes for participants.
- The Christmas celebration brought joy to students and staff, marking the festive season together.

Trainer Development and Resource Management

- Trainers attended workshops on NSDC certification processes, enhancing their skills.
- They also organised resources and updated the six-month curriculum plan to prepare for the next batch.

Orientation for New Students

- The new batch began with 10 students, featuring games, trainer introductions, and an organisational tour to familiarise them with the programs.

Internships and Employment

- Beauty therapy students interned at parlors, with several securing jobs after their training.
- ECCE students completed internships at schools, applying their skills in real-world scenarios.

Community Engagement

- A family meet introduced 12 families to the benefits of vocational courses, fostering support for students' education.
- Mobilisation campaigns encouraged new enrolments for the upcoming term, distributing pamphlets and conducting motivational sessions.

Examinations and Preparation

- Students successfully completed exams for tailoring, beauty therapy, and community health. Trainers conducted mock vivas and revised NSDC materials to ensure readiness.

Thank you for reading!

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