# CONCERNS UNIVERSE FOUNDATION

Newsletter April-September 2026



Dear Reader,

Greetings from Concerns Universe Foundation.
We are pleased to share the highlights of various programs conducted over the last few months.
Our focus this term has been on the " Back to School " Program that we started in July. We are offering academic coaching for students age 18 & above who have dropped out of conventional schools largely due to their disadvantaged economic situation. At Concerns we are giving them a second chance at a bright future, one in which they can complete their secondary & higher secondary education by passing their exams on the National Institute of Open Schooling certified board.
Most of our students are first generation learners and we believe that by providing academic & financial assistance for them to complete their basic education we are uplifting an entire community.

We have partnered with organisations such as Manasa Sichrem to offer our students counselling on Human Rights & Legal Rights . We are grateful for the support of Muthoot Finance who conducted a health camp for more than hundred of our students to check for Diabetes, Hypertension, high Cholesterol & other medical problems which could be genetic and affect even young adults. This screening has benefitted many of our students with timely medical intervention.

Our biggest success has been a Job Readiness Program for which we partnered with Hope Foundation. They conducted a 10 day coaching class in which students learned how to write a resume, how to present themselves at a job interview, what to expect and how to communicate with confidence in order to maximise their chance of being employed. More than 30 of our students attended interviews at the Karnataka High Court, Air Tel & D Mart for jobs as data entry operators & sales executives. Some of them have received job offers with entry level renumeration.The success of this training program has motivated us to conduct a second edition of this in November to benefit our alumni & existing students.

At Concerns we focus our efforts to benefit the communities around us and in this endeavour we partnered with Dementia India Alliance who conducted an insightful program about the high prevalence of Dementia among elderly people. They counselled more than hundred attendees on how to provide affected family members with compassionate care & support. At the beginning of the program it was surprising to note that not a single member of the audience had any understanding of this disease. It reinforced our commitment & efforts to improve community health.

In addition to the above programs, we continue to enjoy success in our ongoing Child Development Programs at three underserved locations and our vocational skill training programs for our Community College students.
We thank you for your continued support .

Happy Reading!
Sagarika Ghosal

# National Institute of Open Schooling - Coaching Class




NIOS regular class students actively participated in various classroom activities designed to enhance their learning and understanding of the subjects.




Students participated in the Data Entry practical session, students practised computer-based data entry, typing, formatting, and basic document management skills.




Students participated in the Home Science practical session, they learned and demonstrated practical skills related to household management, food preparation, and daily-life activities.




Parents' Meeting was conducted on 24th September 2026, for NIOS students to discuss their attendance and studies. Parents were encouraged to support their children in attending classes regularly and preparing for exams.




## Life Coping Skills Sessions

Students participated in an interactive learning session on life coping skills and personality development, through discussions, activities, and practical exercises.
The session encouraged students to share their experiences, build self-confidence, improve communication skills, manage challenges, and develop a positive attitude for their personal and professional growth.



Independence Day Celebration



Students celebrated Independence Day on 14th August 2026, with joy and patriotic spirit, expressing their love for the nation through songs, speeches, and vibrant cultural performances. The celebration created a lively atmosphere filled with pride, enthusiasm, and a sense of togetherness. Students reflected on the sacrifices of our freedom fighters and the values that shaped India's journey to freedom. The celebration inspired them to value unity, freedom, responsibility, and pride in being a part of the nation.



Screening



Eye Checkup

Medical camp was conducted on 24th July 2026, by Muthoot Finance for all the students. The camp included basic health check-ups and awareness about lifestyle diseases. Students were given guidance on healthy habits and preventive care. Those requiring further medical attention were referred for appropriate consultation and treatment.



Dementia Awareness Session

Students participated in an engaging Dementia Awareness Session conducted on 29th September 2026, by the Dementia India Alliance, gaining valuable insights into dementia, its symptoms, and challenges faced by the elderly. Through interactive discussions, they explored simple and compassionate ways to communicate with and care for people living with dementia. The session helped students understand the importance of patience, empathy, dignity, and respect in supporting their elderly family members.

# Community College- Skill Training


Self Employed Tailoring class


Assistant Beauty Therapist

Our students continue to learn and develop their skills through the ongoing Tailoring and Beautician courses, gaining knowledge through both theory and hands-on practice. These sessions are helping them build confidence, creativity, and practical skills for their future.


Computer Class


Tally Class

Students attend regular Computer and Tally classes, learning basic computer skills.

Promoting health and well-being, Muthoot Finance organised a medical camp on 24th July for all students, including basic health screening and awareness on lifestyle diseases, healthy habits, and preventive care. Following the screening, Dr. Eileen Solomon conducted medical check-ups in August and September and provided appropriate medical advice and prescribed medicines to students with health concerns.


Screening


Medical checkup







Empowering women to face life with confidence and positivity, Community College students, most of whom are married women, took part in an engaging session on 10th September 2026, on life coping skills and personality development. Through meaningful discussions, interactive activities, and practical exercises, they reflected on their everyday experiences and explored positive ways to manage challenges, communicate effectively, and strengthen self-confidence.







Students participated in Human Rights Awareness Session organised by Manasa Sechrem, with advocates from the High Court and Civil Court. Through interactive discussions and activities, students learned about basic human rights, equality, freedom, dignity, and respect for others, and gained a better understanding of their rights and responsibilities in everyday life.




Regular monthly tests are conducted to monitor students' progress. These assessments help evaluate their understanding of the subjects taught , while enabling teachers to identify areas for improvement and provide timely revision and support.

# PARTNERING FOR PROGRESS

## Job Readiness Training Program Conducted By Hope Foundation

The Job Readiness Training Programme was conducted by the Hope Foundation from 9th to 18th September 2026, with the participation of 36 students. The programme was supported by training partners and placement offices, who provided guidance and training to help students develop essential employment and workplace skills. Students actively participated in classroom activities and interactive sessions, gaining practical exposure and confidence. They also attended interviews with organisations such as DMart, the High Court, and Airtel, gaining valuable experience in the recruitment and interview process and learning about available employment opportunities.



Training Session



Resume writing and interview skills

Training session



Student Participation in Activities




Students Attending Job Interview session




Certificate Distribution




Students at Job placement

## Onam Celebration




Children across all three Childcare Centres participated enthusiastically in Onam and Raksha Bandhan celebrations, enjoying traditional, creative, educational, and play-based activities that make learning joyful and meaningful. Children celebrated Raksha Bandhan by making and exchanging colourful rakhis. Regular classroom activities help children develop routine, discipline and independence. Parents actively support their children by providing learning materials and helping children complete activities at home. These joyful experiences help children build confidence and improve communication, preparing them with essential skills for formal School.





## Children participated in the community helper activity



Teachers planned an engaging Community Helpers Activity to help children understand how different helpers contribute to our everyday lives. Children explored the roles of doctors, nurses, police officers, teachers, firefighters, postmen, shopkeepers, drivers, cleaners, and other community helpers through role-play and hands-on activities. They observed how these helpers work, what responsibilities they carry, and how their services support the community. Children also had opportunities to visit nearby workplaces and observe community helpers in action, making the learning practical and meaningful.

## Independence day celebration




Children celebrated Independence Day by dressing as freedom fighters and portraying their lives, contributions, and inspiring words. The role play helped children learn about India's history while building confidence, creativity, patriotism, and communication skills.

## Parent teachers meeting



Interactive parent-teacher meetings were conducted to share children's acdemic progress, cognitive development, and classroom performance. Parents engaged in discussions and simple activities, sharing their observations and ideas to strengthen home–school collaboration and support children's learning.



The Director conducted a three-day Life Coping Skills Training Programme, organised by ICRDCE, for Assistant Professors at Captain Williamson Sangma State University, Meghalaya, from 24th–26th August 2026. The sessions focused on anger management, decision-making, positive thinking, and preventing high-risk behaviours, equipping faculty to guide youth towards emotional well-being and responsible living.

Team Concerns






Sathya Jeevan, a 23 years old BBA graduate from Tamil Nadu, came to Bengaluru with a dream of building a better future but initially struggled to find a job. Encouraged by the CUF staff, he joined the Basic Computer Applications with Tally course, even though working on computers was challenging for him in the beginning. Through patience, regular practice, and determination, Sathya gradually gained confidence and successfully completed the course. His hard work opened new doors, and today he works as an Admin at Organic Mandya, earning ₹25,000 per month and sucessfully managing his responsibilities. When he felt the need to improve his office skills, he returned to CUF to learn and grow further, showing his strong commitment to continuous learning. Today, Sathya financially supports his family in Tamil Nadu, while his parents celebrate his journey from a young man searching for an opportunity to a confident, skilled, and independent professional.




Nadhiya 26 years from Janakiram Layout is a determined young woman who turned difficult circumstances into an opportunity for a better future. After losing both her parents, she lives with her aunt's family along with her elder brother and younger sister. Encouraged by the CUF Community Outreach Team, Nadhiya joined the Beautician Course, while her sister also enrolled in the Tailoring course at Concerns. A hardworking and enthusiastic learner, Nadhiya balanced her studies with a part-time job as a delivery agent on Swiggy, never allowing challenges to stop her progress. She successfully completed the Beautician Course and is now working as a Beautician who does home beauty service, earning ₹18,000 per month. Her journey is an inspiring example of courage, hard work, and determination, showing how the right opportunity and a strong will to succeed can transform lives.




At just 21, Leena from Frazer Town, Bengaluru, is building a brighter future for herself and her family through upskilling and education. Leena comes from a family where her father suffered a stroke, leaving her mother as the sole earning member, while her sisters continue their studies. Through a friend's referral, she joined the 10-month Early Childhood Care and Education (ECCE) course at CUF, where she gained skills in early childhood education, basic computers, life coping skills, and community health. She found the course especially valuable as it not only prepared her for a career but also strengthened her confidence and ability to handle life's challenges. After successfully completing the course, Leena secured a assistant teaching position at Ark of Rainbow School, where she now earns ₹8,000 per month.

# CONTACT DETAILS

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## Bank Details (Donations within India)

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IFSC Code: UBINO907251
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Branch Address: No. 19, Sai Complex,
Kammanahalli, Bangalore – 560043, Karnataka

## Bank Details (Donations from Outside India – FCRA)

Account Name: Concerns Universe Foundation
Bank: State Bank of India
Account Number: 00000040106006120
IFSC Code: SBIN0000691
SWIFT Code: SBININBB104
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## Connect with us on Social Media

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